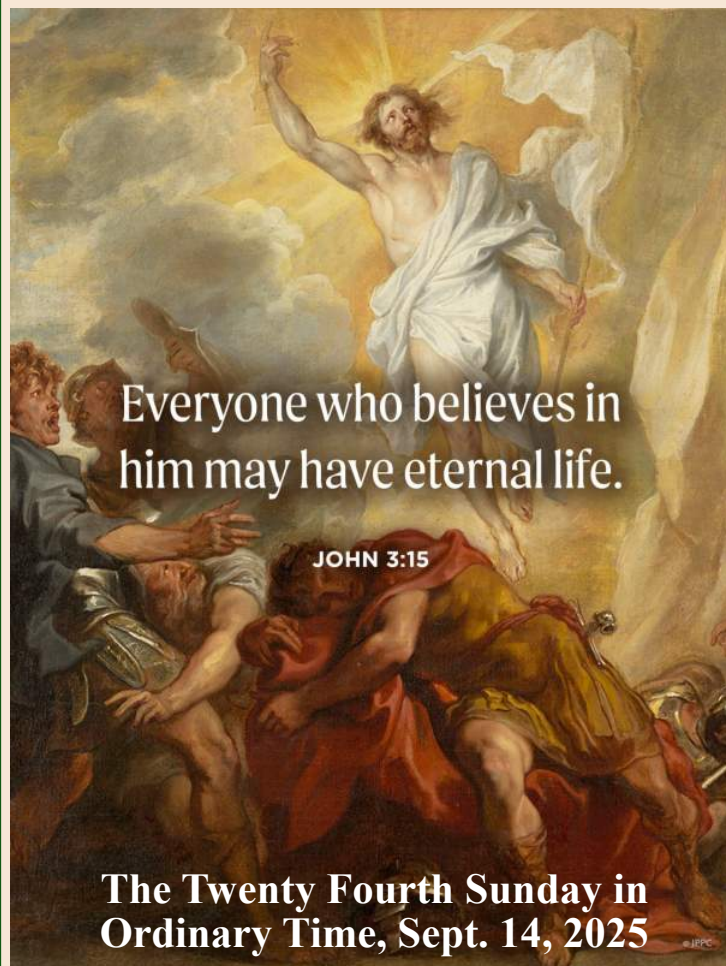


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SACRAMENTAL INFORMATION - SERVICES

Parish Registration - Prior to receiving particular services from the parish, one must be registered. You may register on the parish website or pick up a registration form at the rectory or in the vestibule of the Church.

Prayers/Visits for Ill or Homebound - If you are ill and would like to be placed on the prayer list or have Holy Communion brought to the home, or if you need to receive the Sacrament of the Anointing of the Sick, please contact the rectory to make arrangements.

Baptisms - Baptisms are generally held the 1st and 3rd Sundays at 12:30 pm. Parents must be registered members of the parish and first time parents must attend a one session pre-Baptismal class, offered once a month, usually the second Saturday of the month at 10:00 a.m.

Sponsor Affidavits attest that a parishioner is in good standing and is qualified to act as a Godparent for Baptism or Sponsor for Confirmation. See website for requirements and Parishioner Sponsor form.

Sacrament of Matrimony - Contact the office at least 6 months before your desired wedding date. Marriage Preparation is required by Church Law to enable a couple to fully understand the holiness and obligations of the Sacrament.

Religious Education (CCD) - All children not attending a Catholic School who are in the first grade and up should be enrolled in the Parish Religious Education Program. Please call for details.

O.C.I.A. - The Order of Christian Initiation of Adults is the process by which adults (and children who have reached the age of reason) are instructed in the Doctrine of the Church and are prepared to receive the Sacraments of Baptism, Confirmation, and Holy Eucharist. Contact the Religious Education Office.

Parish Clergy and Staff

Rev. Ronald J. Gripshover, Jr., *Pastor*
office@stlawrencealex.org

Rev. Maurice Mei Akwa, *Parochial Vicar*
fadamau1963@yahoo.com

Msgr. Patrick Dempsey, *Visiting Clergy*

Parish Office: (703) 971-4378

General inquiries: office@stlawrencealex.org

Facilities: facilities@stlawrencealex.org

Finance: manager@stlawrencealex.org

Religious Education and Youth Office: (703) 971-8541

religioused@stlawrencealex.org

youth@stlawrencealex.org

HOLY SACRIFICE OF THE MASS, LITURGICAL ACTIVITIES SCHEDULE

SUNDAY MASSES

Saturday Vigil: 5:00 p.m.

Sunday: 7:30, 9:00 and 11:00 a.m.

WEEKDAY MASSES

M - F: 6:15 and 9:00 a.m. Saturday 9:00 a.m.

CONFESSIONS

Monday 9:30 a.m.

Wednesday 7:00 - 7:45 p.m.

Friday 6:45 a.m.

Saturday 3:30 - 4:30 p.m.

NOVENA to Our Lady Perpetual Help

Monday 7:15 pm

EUCCHARISTIC ADORATION Wed 9:30 - 1 p.m.

HOLY HOUR Wednesday 7:15 - 8:15 p.m.

MASS SCHEDULE & INTENTIONS

Monday, 9/15	Our Lady of Sorrows
6:15 a.m.	Joseph Ho Yuen †
9:00 a.m.	Kathleen Schamel †
Tuesday, 9/16	Saints Cornelius & Cyprian
6:15 a.m.	Bernard Bosko †
9:00 a.m.	Roseann F. Branagan †
Wed., 9/17	Saint Robert Bellarmine
6:15 a.m.	Wilmer Hernandez
9:00 a.m.	Thomas & Laura Bourgeois †
Thursday 9/18	Saint Joseph of Cupertino
6:15 a.m.	David E. Reuther †
9:00 a.m.	Maria Tâng Pham †
Friday 9/19	Saint Januarius & Companions
6:15 a.m.	Antonieta Zaccaro †
9:00 a.m.	Manny & Glena Plan
Saturday 9/20	Saints Andrew Kim Tae-gŏn, Paul Chông Ha-sang, & Companions
9:00 a.m.	Nicolasa Del Valle †
(Vigil for Sun.)	
5:00 p.m.	Araceli Prudencio †
Sunday 9/21	25th Sunday in Ordinary Time
7:30 a.m.	Dennis Robb
9:00 a.m.	Missa Pro Populo
11:00 a.m.	Joseph E. Potosnak †



Today at communion, the choir sings *God So Loved the World*, composed by Sir John Stainer in 1887. This main staple of our choir's repertoire repeats for you the exact words proclaimed in today's Gospel written by St. John, "For God so loved the world that he gave his only Son." Because today is a special feast day of the Church, the Exaltation of the Holy Cross, the choir will also sing special choral versions of the Kyrie, Sanctus, and Agnus Dei. These are from the *Missa Brevis in E-Flat*, composed by Antonio Lotti (1667-1740).

Thank you, St. Lawrence parishioners, for your generosity in our recent appeal for the Arlington Diocese Mission parishes in Banica in the Dominican Republic. Our parish donated over \$6,000 to help our brothers and sisters who do not have access to basic pastoral services that support and grow their faith, like Mass, the sacraments, religious education as well as basic needs like food, shelter and healthcare. Your support is greatly appreciated!

Liturgical and Ministry Activity This Week At a Glance

Mon 9/15	Confessions 9:30 a.m. CCD Class (Grades 1-8) 7:00 - 8:15 p.m. OLPH Novena 7:15 p.m.
Tues 9/16	CCD Class (HS & OCIA) 7:00 - 8:15 p.m. Legion of Mary 7:30 p.m.
Wed 9/17	Fatima Prayer Cell after 9:00 Mass Eucharistic Adoration 9:30 a.m. - 1 p.m. CCD Class (Grades 1-8) 7:00 - 8:15 p.m. Confessions 7:00 - 7:45 p.m. Holy Hour 7:15 - 8:15 p.m.
Thur 9/18	French Language Class 10:30 a.m. - Noon Spanish Language Class 12:30 - 1:30 p.m. Knights of Columbus 7:30 p.m.
Fri. 9/19	Confessions 6:45 a.m.
Sat. 9/20	That Man is You 7:00 a.m. Confessions 3:30 - 4:30 p.m.

ANNUAL PARISH PICNIC September 21 from 1-4 p.m.

Join us for fun and games including a huge slide, mechanical bull and bounce house. The Knights of Columbus will grill hot dogs and hamburgers, and we'll have rock painting and serve sno cones. We ask that everyone please bring a side dish or dessert to share and your own beverages. Please join us under the trees in our picnic area for an afternoon of fun and fellowship. Members of our parish ministries will have information about opportunities to volunteer and participate in our ministry groups.



Struggling to forgive? Not sure what reconciliation should look like in the aftermath of hurt and Betrayal?

Join us Thursday, September 25 at 6:30 in Hammond Hall. Speaker, Jeannette Marino, MS, LPC brings clarity to understanding the difference between forgiveness and reconciliation and how to engage both in our relationship with Christ and each other. Based on a solid scriptural foundation, this presentation discusses various aspects of forgiveness and reconciliation.

Celebrating A Golden or Silver Wedding Anniversary This Year? If you were married in 1975 or 2000, please join Bishop Michael Burbidge for the 2025 Mass for Jubilarians to be celebrated on Sunday, October 19th at 2:30 p.m. at the Cathedral of St. Thomas More in Arlington, VA. Contact your parish office to register no later than October 3rd. For more info, visit <https://www.arlingtondiocese.org/event/marriagejubilee/>



Christian Virtue in America's Nietzschean Wasteland: Thomistic Reflections.

Join us for a free public lecture, hosted by the Pontifical University of St. Thomas Aquinas - Angelicum and featuring Fr. Michael Sherwin, O.P., Professor of Fundamental Moral Theology, on Friday, September 26th at 6:30pm in Arlington, VA. Don't miss this chance to hear from one of Rome's leading theologians, and get to know Dominican friars from the Eternal City. Free and open to all! Please contact Bryce Connolly at bconnolly@pust.it with any questions.

Please Pray for the Sick of our parish family,

including: Anne Marie Pierce, Dr. Ronald Gripshover, Colleen Adamson, Curley Anderko, Giovanna Faustina Annarella, Jenny Antoun, Lorenzo Betia, Leah Bloom, Dave Bocchino, Maria Bonfanti, Betty Bonifer, Melanie Brady, Luis Cristian Carranza, Joan Charters, Pat Childers, Reese Clasen, Josie Cofer, Renate Craft, Nancy Crowley, Ann Cullen, John D'Adamo, Anna Deaver, Gary DeMarco, Felicia DiFeo, Kevin Donaleski, Evan Duncan, Hilda Elizondo, Barton Fischer, Francis Flaherty, John Forrester, Barbara Gaul, William Geoghegan, Julia Delli Gatti, Patricia Gilcrest, Jaime Guzman, Karina Hanna, Christal Eve Herrera, Elizabeth Horswell, Judy and Kevin Jackson, Judith Jackson, Mary Kirby, Tom Kirby, Jr., Richard Kuron Sr., Donald Lawson, Antonio Yu An Leng, Patricia Lewis, Luisa, Kathleen MacQueeney, Rita MacQueeney, Rose Marie Malatesta, Jack Marzan, Frank McDermott, Martha Mastic, Deborah Miller, Nhung "Kim" Miller, Pamela Moore, Robert Nguyen, Matthew Peters, Justin Pham, Steve Piscitelli, Larry Poh, Lori Polson, Ginny Rauer, Herman & Martha Rollandini, Vin Rosano, Eduardo San Diego, Hannelore Smallfield, Randy Souther, Raymond Stanekenas, Kurt Steinbacher, Donna Sullivan, Lily Tan, Rebekah Tan, Zemui Teklu, Jun Tolentino, Anthony Torres, Minh Tran, Grace Valenciano, David Verbano, Marie Victorino and Fran Visco ***Holy Mary, Mother of God, we seek your intercession for our sick!!!***



SATURDAY PROLIFE ROSARY PRAYER VIGIL

Please join St. Lawrence at the Rosary Prayer Vigil conducted every Saturday morning, 9:05 – 10:15 am, outside the abortion clinic at 2839 Duke Street, Alexandria. St. Lawrence has led this prayer vigil for over 30 years outside one of Virginia's largest abortion providers. For further information, contact the rectory or Bruce Borzino, 703-402-8335.

PRAY FOR OUR BELOVED DEAD

We pray for those who have gone before us, marked with the sign of faith, most recently we remember:

Patricia Terlecki, Barry Childers, Lai Wah Tang, Patricia Mankin, Martha Ann Jones, Roseann Frances Branagan, Olivia Miranda Kliukevic, Fermin Villar, Aubrey Polson, and Dai Pham.

We also pray for the souls of the following deceased loved ones on this month's anniversary of their deaths:

Jeff Martin (d. 9/1/11)
Jack Dreslin (d. 9/1/82)
Tom Leich (d. 9/7/13)
Yonathan Petros (d. 9/11/17)
Vincent MacQueeney (d. 9/13/13)
Jay Farabaugh (d. 9/13/24)
Michael Washlack, Jr. (d. 9/15/21)
Beverly Eppolito (d. 9/16/13)
Sally Ahlgren (d. 9/23/14)

(If you have a memorial of a death you wish remembered in the Parish please contact the office, giving the name and anniversary date.)

FROM THE COUNCIL OF CATHOLIC WOMEN:

Save the dates:



Sat October 18th at 6pm is the Chili Dinner and Cook Off. Start practicing your award winning recipe or just plan to attend this fun and tasty evening.



Sunday October 19th at 12:30pm is a CCW potluck lunch, meeting, and Blessed Virgin Mary Trivia Game. Plan to enjoy the company of other women in the parish as we test our knowledge about Mary, her many titles, feast days and images.

Pray Daily for a Future Priest or Sister:

See the parish pamphlet rack for a brochure explaining the Diocese of Arlington's St. Therese Vocation Society. Members commit to praying daily for vocations and for individuals in formation as priests and religious. Those who join receive a quarterly calendar in the mail which lists the name of one person to pray for each day. There are no dues or required meetings and prayers can be done at home on your own time. For a prayer calendar or to sign-up on-line go to <https://www.arlingtondiocese.org/vocations/pray/st-therese-society/>

Also, please continue to pray for:

Rev. Mr. Sean Mazary, Matt Chapman, and Sister Gaudete Maria.

St. Monica Prayer Group

Men and women are invited to attend on the first and third weeks of the month - Wednesday evenings at 6:15pm and/or Friday mornings at 8:00 am. The group meets in the Family Room in the Narthex. For more information contact the parish office at and leave your name and contact info.



Chesterton Academy of Christ the King will be opening in the Fall of 2026, at St. Lawrence Catholic Church in Alexandria. The more than 70 Chesterton Academies nationwide are known for their strong spiritual formation anchored in daily Mass as well as their rigorous, integrated classical curriculum oriented toward the good, the true, and the beautiful. Chesterton high schools form joyful, faithful, curious, articulate, and resilient young men and women prepared for college and for life. Visit Chesterton-ChristTheKing.org to learn more, [connect with us here](#), or [register to attend an upcoming information session](#)



ST. LAWRENCE ROSARY MAKERS meets monthly on the second Tuesday of the month at 10 o'clock in Hammond Hall



FRENCH AND SPANISH CONVERSATION CLASSES.

Classes are held every Thursday
French class: from 10:30 – 12 Noon
Spanish class: from 12:30 – 1:30pm

All are welcome. Join us to have fun learning, laughing and keeping our minds sharp!

That Man is You! a Catholic Man's Leadership Program meets every Saturday morning starting at 7 o'clock.



Call 703-971-4378 or email office@stlawrencealex.org.

Retreat for Veterans at Loyola Retreat House, October 24-26, 2025

US Army veteran Fr Jim Conroy, SJ will lead Veterans in Prayer and Reflection about their experiences serving in the military. Anyone who has served their country has been generous with their skills and talents, but often at a cost. Learn and reflect on how God has been with you always, but often in hidden ways.

Retreat Fee is \$175. Contact Loyola Retreat House, 301-392-0801, or loyolaonthepotomac.com for info.

The 2026 Wall Calendars & Spiral Daily Planners are in!

Stop by the book rack to see three different styles of religious art wall calendars: Mary and the Saints, The Life of Our Lord, and Angels. The 16-month spiral planners contain brief biographies of 70 Saints. All reference important Holy Days and holidays, fast days and feast days. See the back of each item for the suggested donation.

Retreat for Person's Facing Serious Illness October 3-5, 2025

Hosted by Catholic Charities, Diocese of Arlington, You and your caregiver are warmly invited to a peaceful weekend retreat for person's facing serious illness at San Damiano Retreat Center in White Post VA. This retreat is an opportunity for prayer, reflection, spiritual guidance, and gentle care. Diocesan priests, medical professionals, and volunteers will accompany you with compassion and support. Come find spiritual healing, hope, and rest in God's loving presence. For questions or to register, email retreat@ccda.net, and a nurse will contact you within a few days. For further information, please call (703)841-3830. Space is limited.

Altar servers wanted. No experience required.

Graces await. If you are a young man who has received the Sacrament of the Eucharist and are interested in learning to serve at the altar, **please join us for training on October 19 from 1:30 - 2:00 in the Church** followed by Laser Tag and Pizza. Please have your parents contact the parish office at

office@stlawrencealex.org or call (703) 971-4378.



Women's Fall Bible Study

Starting **Thursday, October 2** from 6:30 - 8:00 p.m. in Hammond Hall. Join us for ***Touching the Divine*** to explore qualities of Jesus revealed through the Gospel of John. This study draws us into a deeper relationship with Jesus as we reflect on His life and personality. For more information call 703-971-4378 or email office@stlawrencealex.org



Our next Share Sunday is the weekend of September 20/21. Please consider bringing a few food pantry items or a grocery gift certificate when you come for Mass. Most needed this month:

Flour, Sugar, Masa	Dish Soap
Cereal, Cooking Oil	Dishwasher Detergent
Coffee, Tea, Hot Chocolate	Laundry Detergent
Pancake Mix & Sprup	All Purpose Cleaners
Instant Potatoes	Shampoo/Conditioner
Flavored Rice or Pasta	Deodorant, Razors
Pasta Sauce, Canned Soup	Toothbrushes (packs of 1-2)
Canned Fruit, Canned Pasta	Bar Soap, Tissues, TP
Canned Chili, Beef Stew	Feminine Products

Please note that large, heavy bags are too cumbersome to our volunteers. Smaller bags would be helpful.
Thank you for supporting those in need.

Koinonia is now accepting new and gently used

Fall and Winter clothing for adults and families with children who need assistance. All clothing sizes are helpful in stocking the Clothing Closet for the cold weather season. Please call 703/971-1991 or visit koinoniacares.org for hours of operation and drop-off location. Clothing should be free of stains and tears, with working zippers and all buttons. Thank you!



Mother Daughter Retreat

The Women's Apostolate to Youth invites you to a Mother-Daughter retreat (for girls in grades 7-9) entitled, "**St. Raphael and the True Meaning of Friendship**" on **Sept. 20, 2025**. Join us for this wonderful opportunity to forge a stronger bond with your daughter by sharing and deepening your devotions. The retreat includes talks, activities (fun!), as well as opportunities for confession, adoration, and Mass and begins at 8:30 am and concludes at 3:30 pm at St. Raymond of Penafort Church, **8750 Pohick Rd.** Springfield. The \$60 fee includes materials, breakfast, and lunch for both mother and daughter and \$15 per additional daughter.

For more information and to register (by September 12), visit waywomen.com/daystar

Sorry, we cannot accept registrations at the door.

NEWLY available on our narthex pamphlet rack: A **Pope Leo XIV Prayer Card**, and pamphlets celebrating the recent canonizations of **Saint Pier Giorgio Frassati** ("Toward the Heights") and **Saint Carlo Acutis** ("The Eucharist is my highway to heaven"). Pick up extras to share with those in your circle of influence!

27th ANNUAL CHRIST THE KING MEN'S RETREAT

DIE CATHOLIC AND IN THE STATE OF GRACE AND YOU WIN:

How to make the last battle of your life a victory

Arm yourself for the war being waged against God by the evil one's unrelenting assault on human life. **The 27th Annual Christ the King Men's Day of Recollection, directed by Father Francis de Rosa**, will be held on Sat. Oct. 25 from 8:30:am—12:15pm at St. Raymond of Penafort Catholic Church, 8750 Pohick Rd., Springfield VA 22153. There is no charge for this event, **but you must register before Oct. 22 to attend. Donations gratefully accepted. To register go to www.waywomen.com/mensretreat** For more information, contact Robin Maas at rmvmaas@gmail.com.

The MaRiH Center, a crisis pregnancy and pregnancy resource center, needs donations and volunteers.

Items can be left in the cradle near the entrance of the Narthex. Our volunteers make weekly pick ups and deliver the donated items to MaRiH Center: **Please note that large, heavy bags of clothing are too cumbersome to our volunteers. Smaller bags would be helpful. Thank you!**



- Baby clothes up to size 2T
- Maternity and nursing clothes
- Formula, baby food, and diapers
- Baby equipment; e.g., **MOST NEEDED** are non-expired car seats and strollers that collapse easily.
- Other items: shoes, bottles, diaper bags, toys, books, stuffed animals, bedding
- Baby wipes -- which are in very short supply.

There is also an Amazon baby registry that MaRiH has created. Check out the website at www.marih.org n more. Thank you for your generosity!

Pope Leo's Prayer Intention for September:

Let us pray that inspired by Saint Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect.

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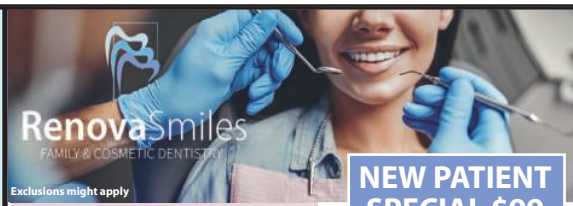
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