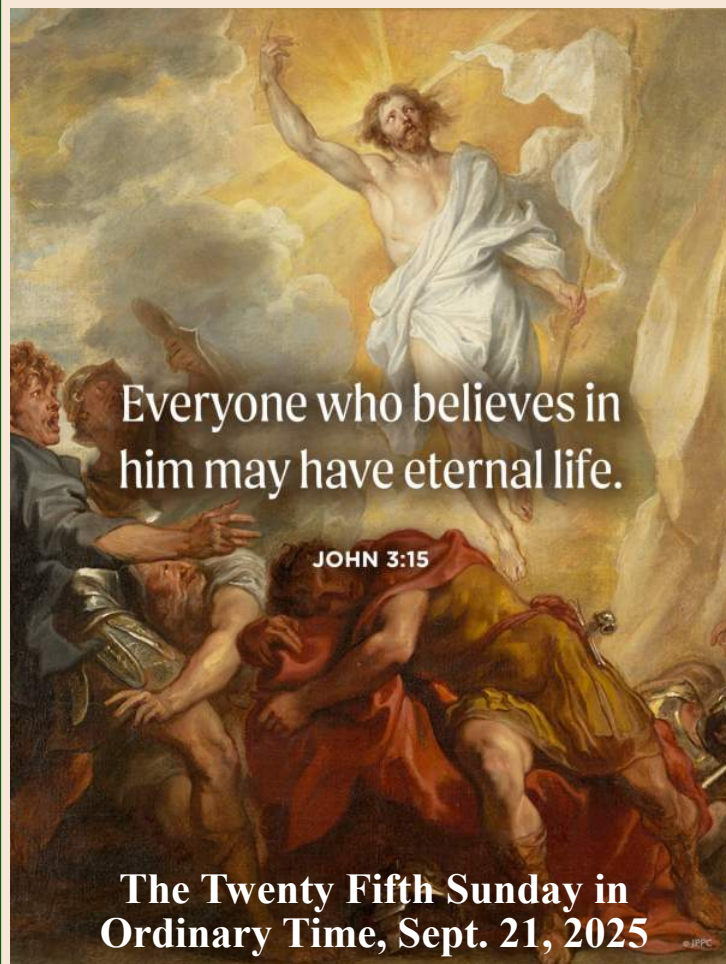


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SACRAMENTAL INFORMATION - SERVICES

Parish Registration - Prior to receiving particular services from the parish, one must be registered. You may register on the parish website or pick up a registration form at the rectory or in the vestibule of the Church.

Prayers/Visits for Ill or Homebound - If you are ill and would like to be placed on the prayer list or have Holy Communion brought to the home, or if you need to receive the Sacrament of the Anointing of the Sick, please contact the rectory to make arrangements.

Baptisms - Baptisms are generally held the 1st and 3rd Sundays at 12:30 pm. Parents must be registered members of the parish and first time parents must attend a one session pre-Baptismal class, offered once a month, usually the second Saturday of the month at 10:00 a.m.

Sponsor Affidavits attest that a parishioner is in good standing and is qualified to act as a Godparent for Baptism or Sponsor for Confirmation. See website for requirements and Parishioner Sponsor form.

Sacrament of Matrimony - Contact the office at least 6 months before your desired wedding date. Marriage Preparation is required by Church Law to enable a couple to fully understand the holiness and obligations of the Sacrament.

Religious Education (CCD) - All children not attending a Catholic School who are in the first grade and up should be enrolled in the Parish Religious Education Program. Please call for details.

O.C.I.A. - The Order of Christian Initiation of Adults is the process by which adults (and children who have reached the age of reason) are instructed in the Doctrine of the Church and are prepared to receive the Sacraments of Baptism, Confirmation, and Holy Eucharist. Contact the Religious Education Office.

Parish Clergy and Staff

Rev. Ronald J. Gripshover, Jr., *Pastor*
office@stlawrencealex.org

Rev. Maurice Mei Akwa, *Parochial Vicar*
fadamau1963@yahoo.com

Msgr. Patrick Dempsey, *Visiting Clergy*

Parish Office: (703) 971-4378

General inquiries: office@stlawrencealex.org

Facilities: facilities@stlawrencealex.org

Finance: manager@stlawrencealex.org

Religious Education and Youth Office: (703) 971-8541

religioused@stlawrencealex.org

youth@stlawrencealex.org

HOLY SACRIFICE OF THE MASS, LITURGICAL ACTIVITIES SCHEDULE

SUNDAY MASSES

Saturday Vigil: 5:00 p.m.

Sunday: 7:30, 9:00 and 11:00 a.m.

WEEKDAY MASSES

M - F: 6:15 and 9:00 a.m. Saturday 9:00 a.m.

CONFESSIONS

Monday 9:30 a.m.

Wednesday 7:00 - 7:45 p.m.

Friday 6:45 a.m.

Saturday 3:30 - 4:30 p.m.

NOVENA to Our Lady Perpetual Help

Monday 7:15 pm

EUCCHARISTIC ADORATION Wed 9:30 - 1 p.m.

HOLY HOUR Wednesday 7:15 - 8:15 p.m.

MASS SCHEDULE & INTENTIONS

Monday, 9/22	Saint Maurice & Companions
6:15 a.m.	Alfonso Corhucci †
9:00 a.m.	Tina & Mark Mullins Family
Tuesday, 9/23	Saint Pio of Pietrelcina
6:15 a.m.	Bernard Bosko †
9:00 a.m.	Mario Costantino
Wed., 9/24	Our Lady of Ransom
6:15 a.m.	Jeffre L. Confield †
9:00 a.m.	Maria Bich Tran †
Thursday 9/25	Blessed Herman the Cripple
6:15 a.m.	Salvador Alan P. Napolitano †
9:00 a.m.	Sandy Kube
Friday 9/26	Saints Cosmas & Damian
6:15 a.m.	Albert N. Williams †
9:00 a.m.	Jenny Reighney †
Saturday 9/27	Saints Vincent de Paul
9:00 a.m.	Gayl Martin †
(Vigil for Sun.)	Đôminicô Vũ Ký † & Maria Đinh Phưởng †
5:00 p.m.	
Sunday 9/28	26th Sunday in Ordinary Time
7:30 a.m.	Robert Schamel †
9:00 a.m.	Truong Phan †
11:00 a.m.	Missa Pro Populo



The choir sings *Teach Me, O Lord* by Thomas Attwood (1765-1838) today. Though not a direct translation of today's communion antiphon (p. 248 in the missal), the English text of this piece conveys the same meaning

THIS SUNDAY - ANNUAL PARISH PICNIC NEW TIME: 2:00 - 5:00 p.m.

We'll have a huge slide, mechanical bull, bounce house, and more! The Knights of Columbus will grill hot dogs, hamburgers, and serve sno cones. The Council of Catholic will have rock painting. We ask that everyone please bring a side dish or dessert to share and your own beverages. Please join us under the trees in our picnic area for an afternoon of fun and fellowship. Talk with other members of our parish groups and learn of opportunities to volunteer in our ministry groups.



Liturgical and Ministry Activity This Week At a Glance

Mon 9/22	Confessions 9:30 a.m. CCD Class (Grades 1-8) 7:00 - 8:15 p.m. OLPH Novena 7:15 p.m.
Tues 9/23	CCD Class (HS & OCIA) 7:00 - 8:15 p.m. Legion of Mary 7:30 p.m.
Wed 9/24	Fatima Prayer Cell after 9:00 Mass Eucharistic Adoration 9:30 a.m. - 1 p.m. CCD Class (Grades 1-8) 7:00 - 8:15 p.m. Confessions 7:00 - 7:45 p.m. Holy Hour 7:15 - 8:15 p.m.
Thur 9/25	French Language Class 10:30 a.m. - Noon Spanish Language Class 12:30 - 1:30 p.m. 11 o'clock Choir Practice 7:00 p.m. Forgiveness & Reconciliation - 6:30 p.m.
Fri. 9/26	Confessions 6:45 a.m.
Sat. 9/27	That Man is You 7:00 a.m. Confessions 3:30 - 4:30 p.m.

Struggling to forgive? Not sure what reconciliation should look like in the aftermath of hurt and Betrayal?

Join us **Thursday, September 25 at 6:30** in Hammond Hall. Speaker, Jeannette Marino, MS, LPC brings clarity to understanding the difference between forgiveness and reconciliation and how to engage both in our relationship with Christ and each other. Based on a solid scriptural foundation, this presentation discusses various aspects of forgiveness and reconciliation.

Altar servers wanted. No experience required. Graces await. If you are a young man who has received the Sacrament of the Eucharist and are interested in learning to serve at the altar, **please join us for training on October 19 from 1:30 - 2:00 in the Church** followed by Laser Tag and Pizza. Please have your parents contact the parish office at office@stlawrencealex.org or call (703) 971-4378.



Pray the Holy Rosary
for an end to political violence.

Celebrating A Golden or Silver Wedding Anniversary This Year? If you were married in 1975 or 2000, please join Bishop Michael Burbidge for the 2025 Mass for Jubilarians to be celebrated on Sunday, October 19th at 2:30 p.m. at the Cathedral of St. Thomas More in Arlington, VA. Contact your parish office to register no later than October 3rd. For more info, visit <https://www.arlingtondiocese.org/event/marriagejubilae/>



2025 ALEXANDRIA LIFE CHAIN

The 30th Alexandria Life Chain will be held on **Sunday, October 5, 2:30 – 3:30 pm**. Life Chains have been conducted annually for 37 years across the United States and Canada on the First Sunday of October as prayer vigils and public witnesses to the sanctity of human life.

The Alexandria Life Chain will be held along Franconia Road from Saint Lawrence to the Springfield Mall. The time will be from 2:30 PM to 3:30 PM, rain or shine. Life Chain signs will be available for pick-up at Hammond Hall starting at 2:00 PM. All Saint Lawrence parishioners and families are encouraged to participate and show our commitment to the protection and sanctity of human

Please Pray for the Sick

of our parish family, including: Anne Marie Pierce, Dr. Ronald Gripshover, Colleen Adamson, Curley Anderko, Giovanna Faustina Annarella, Jenny Antoun, Lorenzo Betia, Leah Bloom, Dave Bocchino, Maria Bonfanti, Betty Bonifer, Melanie Brady, Luis Cristian Carranza, Joan Charters, Pat Childers, Reese Clasen, Josie Cofer, Renate Craft, Nancy Crowley, Ann Cullen, John D'Adamo, Anna Deaver, Gary DeMarco, Felicia DiFeo, Kevin Donaleski, Evan Duncan, Hilda Elizondo, Barton Fischer, Francis Flaherty, John Forrester, Barbara Gaul, William Geoghegan, Julia Delli Gatti, Patricia Gilcrest, Jaime Guzman, Karina Hanna, Christal Eve Herrera, Elizabeth Horswell, Judy and Kevin Jackson, Judith Jackson, Mary Kirby, Tom Kirby, Jr., Richard Kuron Sr., Donald Lawson, Antonio Yu An Leng, Patricia Lewis, Luisa, Kathleen MacQueeney, Rita MacQueeney, Rose Marie Malatesta, Jack Marzan, Frank McDermott, Martha Mastic, Deborah Miller, Nhung "Kim" Miller, Pamela Moore, Robert Nguyen, Matthew Peters, Justin Pham, Steve Piscitelli, Larry Poh, Lori Polson, Ginny Rauer, Herman & Martha Rollandini, Vin Rosano, Eduardo San Diego, Hannelore Smallfield, Randy Souther, Raymond Stanekenas, Kurt Steinbacher, Donna Sullivan, Lily Tan, Rebekah Tan, Zemui Teklu, Jun Tolentino, Anthony Torres, Minh Tran, Grace Valenciano, David Verbano, Marie Victorino and Fran Visco **Holy Mary, Mother of God, we seek your intercession for our sick!!!**



SATURDAY PROLIFE ROSARY PRAYER VIGIL

Please join St. Lawrence at the Rosary Prayer Vigil conducted every Saturday morning, 9:05 – 10:15 am, outside the abortion clinic at 2839 Duke Street, Alexandria. St. Lawrence has led this prayer vigil for over 30 years outside one of Virginia's largest abortion providers. For further information, contact the rectory or Bruce Borzino, 703-402-8335.

PRAY FOR OUR BELOVED DEAD

We pray for those who have gone before us, marked with the sign of faith, most recently we remember:

Patricia Terlecki, Barry Childers, Lai Wah Tang, Patricia Mankin, Martha Ann Jones, Roseann Frances Branagan, Olivia Miranda Kliukevic, Fermin Villar, Aubrey Polson, and Dai Pham.

We also pray for the souls of the following deceased loved ones on this month's anniversary of their deaths:

Jeff Martin (d. 9/1/11)
Jack Dreslin (d. 9/1/82)
Tom Leich (d. 9/7/13)
Yonathan Petros (d. 9/11/17)
Vincent MacQueeney (d. 9/13/13)
Jay Farabaugh (d. 9/13/24)
Michael Washlack, Jr. (d. 9/15/21)
Beverly Eppolito (d. 9/16/13)
Sally Ahlgren (d. 9/23/14)

(If you have a memorial of a death you wish remembered in the Parish please contact the office, giving the name and anniversary date.)

FROM THE COUNCIL OF CATHOLIC WOMEN:

Save the dates:



Sat October 18th at 6pm is the Chili Dinner and Cook Off. Start practicing your award winning recipe or just plan to attend this fun and tasty evening.



Sunday October 19th at 12:30pm is a CCW potluck lunch, meeting, and Blessed Virgin Mary Trivia Game. Plan to enjoy the company of other women in the parish as we test our knowledge about Mary, her many titles, feast days and images.

Pray Daily for a Future Priest or Sister:

See the parish pamphlet rack for a brochure explaining the Diocese of Arlington's St. Therese Vocation Society. Members commit to praying daily for vocations and for individuals in formation as priests and religious. Those who join receive a quarterly calendar in the mail which lists the name of one person to pray for each day. There are no dues or required meetings and prayers can be done at home on your own time. For a prayer calendar or to sign-up on-line go to <https://www.arlingtondiocese.org/vocations/pray/st-therese-society/>

Also, please continue to pray for:

Rev. Mr. Sean Mazary, Matt Chapman, and Sister Gaudete Maria.

St. Monica Prayer Group

Men and women are invited to attend on the first and third weeks of the month - Wednesday evenings at 6:15pm and/or Friday mornings at 8:00 am. The group meets in the Family Room in the Narthex. For more information contact the parish office at and leave your name and contact info.



CHESTERTON ACADEMY
OF CHRIST THE KING

Chesterton Academy of Christ the King will be opening in the Fall of 2026, at St. Lawrence Catholic Church in Alexandria. The more than 70

Chesterton Academies nationwide are known for their strong spiritual formation anchored in daily Mass as well as their rigorous, integrated classical curriculum oriented toward the good, the true, and the beautiful. Chesterton high schools form joyful, faithful, curious, articulate, and resilient young men and women prepared for college and for life. Visit Chesterton-ChristTheKing.org to learn more, [connect with us here](#), or [register to attend an upcoming information session](#)



ST. LAWRENCE ROSARY MAKERS

meets monthly on the second Tuesday of the month at 10 o'clock in Hammond Hall



FRENCH AND SPANISH CONVERSATION CLASSES.

Classes are held every Thursday
French class: from 10:30 – 12 Noon
Spanish class: from 12:30 – 1:30pm

All are welcome. Join us to have fun learning, laughing and keeping our minds sharp!

That Man is You! a Catholic Man's Leadership Program meets every Saturday morning starting at 7 o'clock.



Call 703-971-4378 or email office@stlawrencealex.org.

Retreat for Veterans at Loyola Retreat House, October 24-26, 2025

US Army veteran Fr Jim Conroy, SJ will lead Veterans in Prayer and Reflection about their experiences serving in the military. Anyone who has served their country has been generous with their skills and talents, but often at a cost. Learn and reflect on how God has been with you always, but often in hidden ways.

Retreat Fee is \$175. Contact Loyola Retreat House, 301-392-0801, or loyolaonthepotomac.com for info.

The 2026 Wall Calendars & Spiral Daily Planners are in!

Stop by the book rack to see three different styles of religious art wall calendars: Mary and the Saints, The Life of Our Lord, and Angels. The 16-month spiral planners contain brief biographies of 70 Saints. All reference important Holy Days and holidays, fast days and feast days. See the back of each item for the suggested donation.

Retreat for Person's Facing Serious Illness October 3-5, 2025

Hosted by Catholic Charities, Diocese of Arlington, You and your caregiver are warmly invited to a peaceful weekend retreat for person's facing serious illness at San Damiano Retreat Center in White Post VA. This retreat is an opportunity for prayer, reflection, spiritual guidance, and gentle care. Diocesan priests, medical professionals, and volunteers will accompany you with compassion and support. Come find spiritual healing, hope, and rest in God's loving presence. For questions or to register, email retreat@ccda.net, and a nurse will contact you within a few days. For further information, please call (703)841-3830. Space is limited.

PRIME TIME SINGLE CATHOLICS (PTSC): We are a social



group, mostly aged 60 and over. (35 to 59? Ask about our free associate group.) Meet us for: Mass at St. Louis Church/visit to Poor Clares Monastery (Oct. 5); Thursday lunches (Oct. 9 & 23); dinner in Ashburn (Oct. 11); tour of historic Rippon Lodge and Neabsco Creek Boardwalk (Oct. 18); Ocean City Beach Days (Oct. 24-27); serving meal at Christ House (Oct. 25); ancient cemeteries tour/dinner in Alexandria (Oct. 26); Annual Dinner Dance (Nov. 15). For details, visit our website: bit.ly/ptsc. With questions or to RSVP, email Tom at ptscnva@gmail.com.

Women's Fall Bible Study

Starting **Thursday, October 2** from 6:30 - 8:00 p.m. in Hammond Hall. Join us for ***Touching the Divine*** to explore qualities of Jesus revealed through the Gospel of John. This study draws us into a deeper relationship with Jesus as we reflect on His life and personality. For more information call 703-971-4378 or email office@stlawrencealex.org



Our next Share Sunday is the weekend of September 20/21. Please consider bringing a few food pantry items or a grocery gift certificate when you come for Mass. Most needed this month:

Flour, Sugar, Masa	Dish Soap
Cereal, Cooking Oil	Dishwasher Detergent
Coffee, Tea, Hot Chocolate	Laundry Detergent
Pancake Mix & Sprup	All Purpose Cleaners
Instant Potatoes	Shampoo/Conditioner
Flavored Rice or Pasta	Deodorant, Razors
Pasta Sauce, Canned Soup	Toothbrushes (packs of 1-2)
Canned Fruit, Canned Pasta	Bar Soap, Tissues, TP
Canned Chili, Beef Stew	Feminine Products

Please note that large, heavy bags are too cumbersome to our volunteers. Smaller bags would be helpful.
Thank you for supporting those in need.

Koinonia is now accepting new and gently used

Fall and Winter clothing for adults and families with children who need assistance. All clothing sizes are helpful in stocking the Clothing Closet for the cold weather season. Please call 703/971-1991 or visit koinoniacares.org for hours of operation and drop-off location. Clothing should be free of stains and tears, with working zippers and all buttons. Thank you!



Catholic Diocese After Abortion Retreats

The next *Day of Prayer & Healing* for women who have experienced abortion will be on Saturday, Sept 27, 2025. These group healing events are held in a private and peaceful setting, in English and Spanish, based on the Entering Canaan model (2 separate retreats, 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries and registration, please contact Project Rachel Ministry: (703) 841-2504 or info@helpafterabortion.org.

NEWLY available on our narthex pamphlet rack: A **Pope Leo XIV Prayer Card**, and pamphlets celebrating the recent canonizations of **Saint Pier Giorgio Frassati** ("Toward the Heights") and **Saint Carlo Acutis** ("The Eucharist is my highway to heaven"). Pick up extras to share with those in your circle of influence!



We're excited to share that Faith Direct will soon be upgrading to ParishSOFT Giving—our new, secure giving platform. This upgrade will happen automatically and securely. No action is required from you—your gift schedules and payment details will carry over seamlessly.

What's new about ParishSOFT Giving? 1. Weekly Giving: If you selected weekly giving, your gifts will now be deducted each week instead of in one monthly batch. 2. More Flexibility: Adjust your giving schedule to any date that works for you—not just the 4th or 15th. 3. More Ways to Give: Now you can donate using PayPal, Venmo, Apple Pay, or Google Pay.

ROSARY RALLY - OCTOBER 11 AT 12 NOON



Please join together at our rosary rally at 12 noon, Saturday, Oct. 11. We will meet in Hammond Hall and pray for the repentance and conversion of our great nation, asking God to save America through the rosary of His Most Holy Mother.



PRAY IN SONG

The 11 am choir is resuming practice on Thursdays at 7 p.m. If you enjoy prayer through song, please join us for practices Thursdays at 7pm and for Mass at 11am on the 1st and 3rd Sunday of each month. There are no 'try-outs' and all are welcome!

The MaRiH Center, a crisis pregnancy and pregnancy resource center, needs donations and volunteers.

Items can be left in the cradle near the entrance of the Narthex. Our volunteers make weekly pick ups and deliver the donated items to MaRiH Center: **Please note that large, heavy bags of clothing are too cumbersome to our volunteers. Smaller bags would be helpful.** Thank you!



- Baby clothes up to size 2T
- Maternity and nursing clothes
- Formula, baby food, and diapers
- Baby equipment; e.g., **MOST NEEDED** are non-expired car seats and strollers that collapse easily.
- Other items: shoes, bottles, diaper bags, toys, books, stuffed animals, bedding
- Baby wipes -- which are in very short supply.

There is also an Amazon baby registry that MaRiH has created. Check out the website at www.marih.org in more. Thank you for your generosity!



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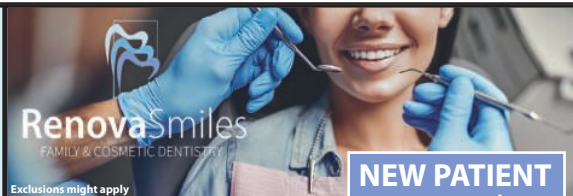
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