

# ST LAWRENCE CATHOLIC CHURCH



*"Blessed is the king  
who comes in the  
name of the Lord.  
Peace in heaven and  
glory in the highest."*

**Palm Sunday**  
**April 10, 2022**

6222 Franconia Road  
Alexandria, VA 22310  
703-971-4378 (office)  
[www.stlawrencealex.org](http://www.stlawrencealex.org)

## HOLY SACRIFICE OF THE MASS- SUNDAY

Saturday Vigil: 5:00 pm  
Sunday: 7:30, 9:00 and 11:00am and  
12:30pm (Extraordinary Form Latin Mass)

## HOLY SACRIFICE OF THE MASS- WEEKDAY

M - F: 6:15 and 9:00 a.m. Saturday 9:00 a.m.  
**CONFESSIONS (during Holy Week)**  
M 9:30am, 7pm; T 12Noon; W 6:30-8pm; F 12-2p;  
Sat 9:30-11 and 3pm

### Parish Clergy

**Rev. Ronald J. Gripshover, Jr., *Pastor***  
[office@stlawrencealex.org](mailto:office@stlawrencealex.org)

**Msgr. Patrick Dempsey, *Visiting Clergy***

**Rev. Maurice Mei Akwa, *In Residence***

**Rev. Joseph Okwei Ocran, *In Residence***

**Deacon Michael A. Waters**  
*Permanent Deacon - Office & Finance Manager*  
703-971-5363 [deacon@stlawrencealex.org](mailto:deacon@stlawrencealex.org)

### Parish Staff

**Parish Secretary**  
703-971-4378

**Dir of Religious Ed**  
703-971-8541

**Youth Minister**  
703-971-4378

**Music Director**  
703-971-4378

Cynthia Dreslin  
[office@stlawrencealex.org](mailto:office@stlawrencealex.org)

Anne-Marie Pierce  
[religious@stlawrencealex.org](mailto:religious@stlawrencealex.org)

Joseph Stakem  
[youth@stlawrencealex.org](mailto:youth@stlawrencealex.org)

Raymond St. Pierre  
[music@stlawrencealex.org](mailto:music@stlawrencealex.org)

## April 10, 2022 Palm Sunday

### MASS SCHEDULE & INTENTIONS

#### MON 4/11 - Holy Monday

6:15am..... Dr. Alan Romine †  
9:00am..... Sharon Turk

#### TUE 4/12 - Holy Tuesday

6:15am..... Vincent Hien †  
9:00am..... Peter Nguyen

#### WED 4/13 - Holy Wednesday

6:15am..... Natalie Turk  
9:00am..... Rhonyll Seballos †

#### THU 4/14 - Holy Thursday

7:30 pm..... Josephine Turk

#### FRI 4/15 - Good Friday

3:00pm ..... Service

#### SAT 4/16 - Holy Saturday

##### *Meets Sunday Obligation*

8:30pm..... Aspen Lagman & Angela Messing

#### SUN 4/17 - Easter Sunday (OFM/EFM)

7:30am ..... Parishioners of Saint Lawrence  
9:00am..... Kevin Kelly  
11:00am..... Mike Delaney †  
12:30pm..... Fr. Daniel Spychala

### St. Lawrence Young Adults

Are you a young adult looking to build community with others in the parish? Come join the St. Lawrence Young Adults!

#### *Upcoming Events:*

(These events are for parishioners ages 21 to 39 of any vocation.)

#### April 30: Movie Night!

We will see "Father Stu" at the theaters - please RSVP by April 29.

#### May 14: Nats game!

We're off to cheer on the Nats against the Astros! To reserve your ticket(s), please RSVP by May 2. Feel free to bring family and friends.

#### June 25: Trivia Night!

We will meet at Liesl's home for pub-style trivia. Please bring a snack, dessert, or drink to share. RSVP by June 23.

RSVPs can be sent to Liesl Baumann at [liesl.baumann@gmail.com](mailto:liesl.baumann@gmail.com). You may also contact her to be added to the email listserv to hear about future events.

### Liturgical and Ministry Activity This Week At a Glance

Mon 4/11	<b>Confessions</b> 9:30am and 7pm <b>NO Religious Education Classes</b> Perpetual Help Novena 7:15pm
Tue 4/12	<b>RCIA Classes</b> 6:30-7:45 pm <b>Confessions 12 Noon</b> Legion of Mary 7:30pm
Wed 4/13	<b>Eucharistic Adoration</b> 9:30 - 1pm <b>Fatima Prayer Cell</b> after 9:00am Mass <b>Confessions</b> 6:30 - 8pm <b>NO Religious Education Classes</b> <b>Exposition Begins</b> 7pm and ends with ..... <b>Holy Hour</b> 7:15-8:15pm
Thur 4/14	<b>Knights of Columbus</b> 7:30 pm
Fri 4/15	<b>Confessions</b> 12-2pm <b>Stations of the Cross - Tre Ore</b> 12 Noon
Sat 4/16	<b>Confessions</b> 9:30-11am and 3:00pm

### A MULCHING We Will Go!!

If you would like to assist Deacon Mike in spreading mulch in the garden, please meet by the Blessed Virgin Mary Statue at 10am, Saturday April 23rd (*High Schoolers can get community service credit*)

### Request for Prayers

Father Gripshover's Father, Dr. Ronald J. Gripshover, Sr. is in this week's Prayers of the Faithful at Holy Mass. Your pastor wants to thank you for your kindness and prayers and wanted to let you know the following: "My father is suffering from a serious lung condition called interstitial fibrosis. This disorder is a progressive lung condition that causes scarring in the lung tissue, which, in turn, inhibits the lung's mission to oxygenate the blood. This then causes him to have shortness of breath, low blood oxygen levels, and low energy levels. Currently, he cannot be prescribed oxygen until insurance-required tests are run, which are scheduled in about two weeks."



# BISHOP'S LENTEN APPEAL

## ***SUPPORT THOSE IN YOUR DIOCESE IN NEED; INCLUDING OUR SEMINARIANS AND OTHER RELIGIOUS.***

We are appealing to the incredible generosity of our parishioners to support vital Diocesan programs (funding seminarians, meeting needs of pregnant mothers, direct aid to the poor...etc). Please respond to the mailing or give by going online at:

[www.arlingtondiocese.org/BLA](http://www.arlingtondiocese.org/BLA)  
Also, you can focus your smartphone camera on this QR code to make your donation even easier!



We are currently  
at **71%** of our goal-  
-God Bless those  
who have given!!!

### Extraordinary Ministers of Holy Communion.

We serve our Homebound parishioners by bringing the Body, Blood, Soul and Divinity of Christ to their home-if you are interested in joining this incredibly rewarding ministry **PLEASE CONTACT THE RECTORY OFFICE.**  
Training will be provided!

The CCW invites all parishioners and guests to its **Annual Breakfast**, April 24 in Hammond Hall after the 9 am Mass. Breakfast will be catered by La Madeleine and our speaker will be Ian Masson of Divine Mercy University. We will present the 2022 CCW Scholarship and Woman of the Year awards. Tickets will be sold before and after all Masses this weekend and next. Tickets are \$8 per person.



**UKRAINIAN RELIEF EFFORTS.** If you would like to help those impacted by war in Ukraine, please feel free to donate online to:

-Knights of Columbus at: <https://donate.kofccharities.org/team/413751> or aim your smartphone camera at the following QR code:

-You can continue to leave a donation in the Black Bucket in the Narthex marked **UKRAINIAN RELIEF.**

Please continue to pray for an end to the war and its terrible consequences to the innocent citizens of Ukraine.



### St. Lawrence Baby Cradle Baby Items Needed

The MaRiH Center serves pregnant women and their children, to give options especially for women in crisis. Donations such as those listed below can be left in the cradle near the entrance of the Narthex. Our volunteers make weekly pick ups and deliver the donated items to MaRiH Center:

- Baby clothes up to size 2T
- Baby equipment especially non-expired car seats and strollers that collapse easily
- Maternity and nursing clothes
- Formula, baby food, and diapers (except Walmart Parent's Choice due to chemical smell)
- Other items, such as shoes, bottles, diaper bags, toys, books, stuffed animals, and bedding
- Baby wipes are in short supply.

There is also an Amazon baby registry that MaRiH has created. Please visit their site [marih.org](http://marih.org) to see other needs. Thank you for your generosity!



## ST. Lawrence Catholic Church

6222 Franconia Rd  
Alexandria VA 22310

(703) 971-4378



## Pre-Holy Week and HOLY WEEK 2022

<b>Palm Sunday</b> Normal Sunday Mass Schedule with Blessing and Distribution of Palms at each Mass <i>NOTE: 2:30 PM - Altar Boy Practice for Holy Week</i>	<b>April 10</b>	<b>Monday of Holy Week</b> 6:15 AM & 9 AM – Holy Mass 9:30 AM – Confessions 7 PM – Confessions 7:15 PM - Novena to Our Lady of Perpetual Help	<b>April 11</b>
<b>Tuesday of Holy Week</b> 6:15 AM & 9 AM – Holy Mass 12 Noon – Confessions	<b>April 12</b>	<b>Wednesday of Holy Week</b> 6:15 AM & 9 AM – Holy Mass After 9 AM Mass - 1 PM – Exposition and Adoration 6:30 PM - 8:00 PM – Confessions 6:45 PM - Exposition and Adoration Resumes 7:15 PM - 8:15 PM – Holy Hour & Benediction	<b>April 13</b>
<b>Holy Thursday</b> <i>No morning Masses &amp; No Confessions</i> <b>7:30 PM – MASS OF THE LORD'S SUPPER</b> **Following Mass: Procession to Altar of Repose in Hammond Hall, Exposition and Adoration until Midnight**	<b>April 14</b>	<b>Good Friday</b> 12 Noon - 2 PM – Confessions 12 Noon – Stations of the Cross 12:30 to 3pm (following Stations) – Reflection: Tre Ore "7 Last Words of Christ" <b>3 PM – GOOD FRIDAY Service</b> with Veneration of the Cross and Holy Communion	<b>April 15</b>
<b>Holy Saturday</b> <i>No morning Mass</i> 9:30 AM - 11 AM – Confessions 12 Noon – Blessing of Easter Food Easter Egg Hunt 3:00 PM - 4:30 PM – Confessions <i>NO Mass on Holy Saturday until the Easter Vigil</i>	<b>April 16</b>  <b>8:30 PM – Easter Vigil Mass</b>		
	<b>Easter Sunday, April 17, 2022</b> Masses at 7:30 AM, 9 AM, 11 AM, and Extraordinary Form Mass at 12:30 PM		

## LENTEN OBSERVANCE - FASTING AND ABSTINENCE

Remember, on GOOD FRIDAY:

**-If you are 14 or older, you must abstain from meat.  
-If you are 18-60 Years old, you must Fast.**

On a fast day, one full meal is allowed. Two other meals, sufficient to maintain one's strength, may be taken according to each one's needs, but together they should not equal a full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed. Medications, taken according to need, do not break the fast.

Fasting, almsgiving and prayer are the three traditional disciplines of Lent. The faithful and Catechumens should undertake these practices seriously in a spirit of penance and of preparation for sacramental initiation into the Church or the renewal of our baptismal promises and participation in the Mysteries of Easter.

## PRACTICAL ALMSGIVING SHARE SUNDAY

Our next Share Sunday is Easter Weekend, April 16-17. There is no "drive-thru drop-off" option this month. However Koinonia still needs our assistance! If more convenient, **non-perishable** items may be left in the Narthex donation bin anytime church is open OR dropped off directly at Koinonia, 6037 Franconia Rd, MTWF 9-12:30, Thu 9-4, and second Sat only 9-12:30. Koinonia is closed on Good Friday. Most needed items: all-purpose cleaners, laundry detergent, cereal, jelly/jam, juice, coffee (instant and regular), sugar, canned salmon and sardines, beef stew, canned pasta (eg Chef Boyardee), ketchup, mayo, salad dressing, pancake mix, spaghetti sauce, gravy (no glass), automatic dishwasher detergent, men's and women's deodorant, toothpaste, toothbrushes, bath soap, toilet paper, tissues, razors and shaving cream, baby diapers size 6, and gift cards (Aldi, Giant, Lidl, Dollar Tree). Thank you for remembering those in need.

## ALTAR SERVERS TAKE NOTE

We will meet all servers (Current and Former) who wish to serve at the Holy Thursday Mass, the Good Friday Service and the Easter Vigil (or any combination) for practice as Follows: *(If you can't make a training, but would like to participate call Deacon Mike)*

**2:30pm, April 10th (Palm Sunday Afternoon--For Holy Thursday/Good Friday)**

**NOTE: PIZZA TO FOLLOW!!**

**1pm, April 16th (Holy Saturday Morning--For Easter Vigil Practice)**

**Please Pray for the Sick** of our parish family, including: Jay Farabaugh, Melanie Brady, Justin Pham, Raymond Stanekenas, Rita MacQueeney, Donald Lawson, Minh Tran, Anthony Torres, Leah Bloom, Richard Kuron, Sr., Jack Marzan, Matthew Peters, Patricia Lewis, Chris Henderson, Leah, Francis Flaherty, Barbara Gaul, John Forrester, William Geoghegan, Donna Sullivan, Kurt Steinbacher, Joan Curley, Renate Craft, Mary Kirby, Zemui Teklu, Kathleen MacQueeney, Duyen Tran, Randy Souther, Robert Nguyen, Antonio Yu An Leng, Maria Victorino, Jaime Guzman, Eduardo San Diego, Jun Tolentino, Karina Hanna, Jerry Alexander, John D'Adamo, Dolores Sullivan Richard Woodford, Christal Eve Herrera, Maria Bonfanti and Dr. Ronald Gripshover. **Mary, Mother of God, we seek your intercession for our sick!!**



## Blessing of Easter Food and Baskets and Easter Egg Hunt

On Holy Saturday, April 16th 2022, we will offer the traditional blessing of your Easter Food at 12 Noon. Bring your food items to the table by the Picninc Area for Blessing.

Following the Blessing, The Knight of Columbus will Host an Easter Egg hunt for the Kids.

