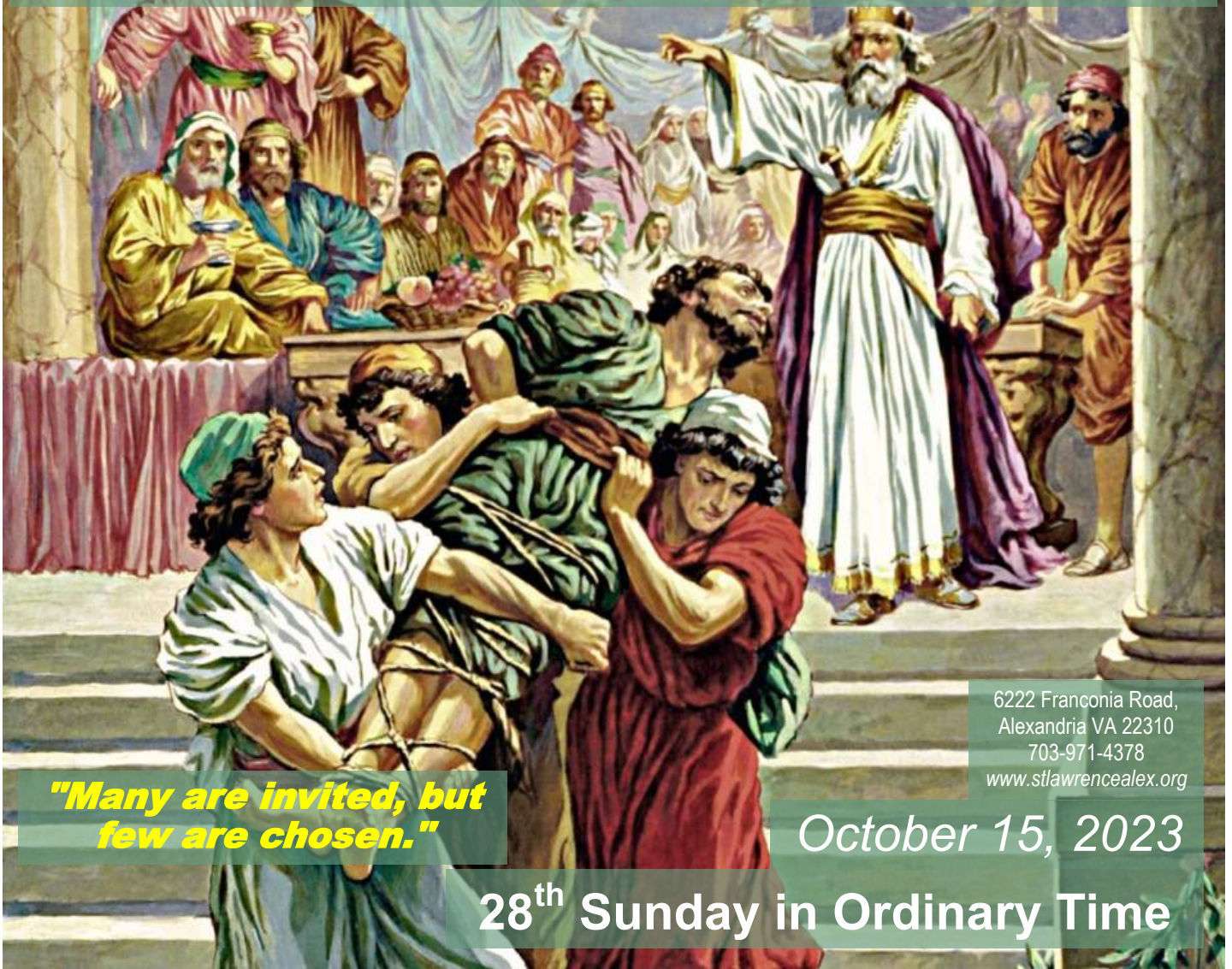


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few are chosen."**

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October 15, 2023

28th Sunday in Ordinary Time

HOLY SACRIFICE OF THE MASS- SUNDAY

Saturday Vigil: 5:00 pm
Sunday: 7:30, 9:00 and 11:00am

HOLY SACRIFICE OF THE MASS- WEEKDAY

M - F: 6:15 and 9:00 a.m. Saturday 9:00 a.m.

CONFESSIONS

M 9:30am, W 7-7:45pm; F 6:45am; Sat 3:30-4:30pm

Parish Clergy

Rev. Ronald J. Gripshover, Jr., Pastor
office@stlawrencealex.org

Rev. Maurice Mei Akwa, Parochial Vicar
fadamau1963@yahoo.com

Msgr. Patrick Dempsey, Visiting Clergy

Deacon Michael A. Waters
Permanent Deacon - Office & Finance Manager
703-971-5363 deacon@stlawrencealex.org

Parish Staff

Parish Secretary
703-971-4378

Dir of Religious Ed
703-971-8541

Youth Ministry
703-971-8541

Music Director
703-971-4378

Sacristan

Cynthia Dreslin
office@stlawrencealex.org

Joseph Stakem
religious@stlawrencealex.org

James Stakem
youth@stlawrencealex.org

Raymond St. Pierre
music@stlawrencealex.org

Tatyana Nguyen

October 15, 2023 28th Sunday in Ord. Time

MASS SCHEDULE & INTENTIONS

NO 6:15 Mass M-F this week

MON 10/16 - Saint Hedwig

6:15am Conrado del Rosario †

9:00am Đaminh Hùng Đỗ †

TUE 10/17 - Saint Ignatius of Antioch

6:15am Seaena Gabriel

9:00am Jane Palladino †

WED 10/18 - Saint Luke

6:15am Matthew Schnur

9:00am Kevin Dreslin

THU 10/19 - Saint John de Brébeuf, Isaac Jogues and Companions

6:15am Mariana Gajdosik

9:00am Laureano Gomez †

FRI 10/20 - Saint Paul of the Cross

6:15am Deceased Mountaineer Priests †

9:00am Joseph and Chloe Barndardt †

SAT 10/21 Saint Hilarion

9:00am Rosarina DiPrisco †

Sat Vigil (Meets Sunday Obligation)

5:00pm Ingrid Bosko †

SUN 10/22 - 29th Sunday in Ordinary Time

7:30am Parishioners of Saint Lawrence

9:00am Michael DeSapio

11:00am Ingrid Bosko †



Join the Council of Catholic Women this Sunday, October 15th, at 2pm in Hammond Hall. This meeting will include a walk through the church to learn more about the art plus we will pray a rosary in honor of October, the Month of the Rosary.

CCD Classes have begun. If you have not registered yet, please register right away online on our website or in person.

We are still in need of Catechist Assistants for Monday-Wednesday nights from 7:00 - 8:15pm Please come help assist our Catechists in teaching our children their Faith. It is a very rewarding experience!

Questions? Call or email Joseph Stakem at 703-971-8541 or religioused@stlawrencealex.org.

Liturgical and Ministry Activity This Week At a Glance

Mon 10/16	Confessions 9:30am CCD Classes 7-8:15pm Perpetual Help Novena 7:15pm
Tue 10/17	Parents Ministry Playgroup 10-11:30 RCIA 6:30pm High School CCD 7pm Legion of Mary 7:30 pm
Wed 10/18	Eucharistic Adoration 9:30am - 1:00pm Fatima Prayer Cell after 9am Mass CCD Classes 7-8:15pm Confessions 7:00-7:45 pm Holy Hour 7:15 - 8:15
Thu 10/19	11am Choir Practice 7:00pm Women's Bible Study 7:00pm Knights of Columbus 7:00pm
Fri 10/20	Confessions 6:45am
Sat 10/21	Confessions 3:30-4:30pm

Our next **SHARE SUNDAY** is the weekend of **Oct. 14-15**. Please consider a pantry or financial donation when you come to Mass. **Most needed this month:** Jam/Jelly, Jello, Pudding, Brownie or Cookie Mix, Cereal/Oatmeal, Coffee (Reg or Decaf; Not instant), Black Tea, Dried Soup (Ramen), Mayo, Mustard, Ketchup, Salad Dressing, Instant Potatoes, Canned Salmon, Laundry Detergent, Dish/Dishwasher Detergent, All-Purpose Cleaners, Razors & Shaving Cream, Tissues, TP, Paper Towel, and Grocery Store Gift Cards. Thank you!



St. Monica Prayer Group

We want to announce the formation of a new prayer group called the St. Monica Prayer Group. Following her example and asking the intercession of St. Monica, the group unites in prayer for their loved ones who have fallen away from the church or who are "luke-warm" in their faith.

Men and women are invited to attend on the first and third weeks of the month - Wednesday evenings at 6:15pm and/or Friday mornings at 8:00 am. The group meets in the Family Room in the Narthex.

For more information contact the parish office at office@stlawrencealex.org and leave your name and contact information. We will pass this on to the group leader, Fadwa Nassar, who will contact you.

**TMIIY IS LOOKING FOR GOOD MEN WHO
ARE TRYING TO BE GOOD CATHOLICS IN
A COMPLEX WORLD
EVERY Saturday Morning-7am**

Classes have begun

**A Program Designed to help Men
Seeking SPIRITUAL PEACE**

That Man is You! Call the office for info.

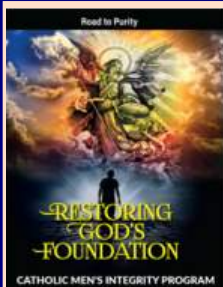
Senior Parishioner Get Togethers???

It has been suggested that a group gathering set aside weekly for seniors to get together in the parish hall to talk about life and spiritual challenges, to discuss relevant issues facing the elderly--and the world, and to enjoy each other's company, would be beneficial.

In order to arrange this, we need someone to coordinate the gatherings and communicate to possible participants. If you are interested in shepherding this effort, please contact the office at 703-971-4378. This group cannot proceed without a volunteer or two willing to organize this effort. Please consider this important ministry for our senior parishioners.



Pray the Holy Rosary



FREE PROGRAM -

Restoring God's Foundation is a Catholic based men's integrity program that serves to restore God's foundation of authentic sexuality by guiding men to freedom from sexual sin. This weekly program educates men on God's plan, developing powerful tools for fighting the battle,

developing integrity and accountability, developing fraternal brotherhood, engaging in the Sacraments of the Catholic Church and then seeking to heal souls from the emotional damage resulting from life events that fuel the addictive process and create a skewed view of sexuality. Register now at <https://courses.roadtopurity.com>. It's free to parishioners.

PRAY FOR OUR BELOVED DEAD

We pray for those who have gone before us, marked with the sign of faith, most recently we remember: **Rose Loreto, Joe Bonifer, Mark Paschall, Jerry Alexander, Ofelia Dalusung, Jane Palladino, Rolando Pasia, Jose Dalusung, John Noblet, Nerhin Said, and Rose Morgan,**

We also pray for the souls of the following deceased loved ones on the anniversary month of their deaths:

Dora Marie Ciardullo (d. October 4, 2018)
Gloria Buckley (d. October 8, 2015)
Bill Pailin (d. October 10, 2017)
Frederick Henderson (d. October 11, 2013)
Benjamin Simpao (d. October 12, 2015)
Frank Santone (d. October 13, 2016)
Laureano Gomez (d. October 19, 2015)

(If you have a memorial of a death you wish remembered in the Parish please contact the office, giving the name and anniversary date.)

Take Aim at Holiness at the Quo Vadis Paintball Challenge

- Calling high school boys interested in growing in holiness and virtue! Join Quo Vadis, along with some priests and seminarians, for a day of Mass, talk and an epic Paintball competition. Saturday, October 28, 8:15 a.m. - 1:30 p.m., at Corpus Christi Catholic Church and Pev's Paintball in Aldie. Cost is \$50, includes equipment and lunch (financial aid is available). Space is limited, email the Office of Vocations to reserve a spot and get the permission form that is due October 13, vocations@arlingtondiocese.org, or visit www.ArlingtonDiocese.org/QuoVadis.

KOINONIA UPDATES:

The Koinonia Clothing Closet is now accepting new and gently used **Fall and Winter clothing**. All adult and children's sizes are appreciated, especially **Men's small and medium and Boys' sizes 8-14**. Thank you!



PRIME TIME SINGLE CATHOLICS (PTSC)



We are a social group, mostly 60 and over. (Are you 40 to 59? Ask about our free associate-member group.) For details, visit our website: bit.ly/ptsc. With questions or to RSVP, email Tom at ptscnva@gmail.com

International Week of Prayer and Fasting October 20 - 28. The goal of the IWOPF is for the conversion of all peoples and nations, to build a culture of life, to defend the sanctity of marriage and family life, for peace and to implore God's Mercy, and for all priests, vocations, and holiness of the members of the Church. The Virtual Conference will be held on October 20, 21, & 23. Saturday, October 28th will be an all day in-person prayer vigil at the Basilica of the National Shrine of the Immaculate Conception. For more details or to register for the online conference go to: www.iwopf.org.

Altar servers wanted. No experience required. Graces await. **New altar server training** will be held on Sunday, November 12th from 1PM-2:30PM. If you are a young man who has received the Sacrament of the Eucharist and are interested in learning to serve at the altar, please have your parents contact the parish office (703) 971-4378 or email office@stlawrencealex.org to RSVP. All current and interested servers are invited to join us on Sunday, November 5th from 2-5pm for **Laser Tag and a Cookout**. Plan to join us for this fun event.



BE NOT CONFORMED TO THIS WORLD: Having the Mind of Christ in an Age of Error

How should a Catholic man respond to Christ's challenge to have his mind totally transformed? **The 25th Annual Christ the King Men's Day of Recollection, directed by The Very Reverend Paul D. Scalia**, will be held on Sat. Oct. 28 from 9:15am--1:15pm at St. Raymond of Peñafort Catholic Church, 8750 Pohick Rd., Springfield VA 22153. There is no charge for this event, **but you must register before Oct. 22 to attend. Donations gratefully accepted. To register go to www.waywomen.com/mensretreat** For more information, contact Robin Maas at rmvlmaas@gmail.com.

Prayer to the Holy Spirit for opening of Synod

We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

St. Paul VI Open House: October 22 1-3 p.m. St. Paul VI Catholic High School, Chantilly, invites families to learn more about our caring, Catholic community where we inspire the extraordinary in one another. Visit our website www.paulvi.net/admissions to learn more. Save the date for our fall Open House on Sunday, October 22, 2023 from 1-3 p.m. Reach out to our Enrollment Management team at admissions@paulvi.net with any questions you may have.

Young Adult - Frassati Retreat - Come climb with us! Join us Friday-Sunday, November 10-12, at the Arlington Diocese's San Damiano Retreat Center for a weekend of spiritual adventure! Together we will scale the peaks and navigate the troughs of the spiritual life as we ascend "the Heights" with Pier Giorgio Frassati and Jesus Christ. Fr. John Riley will guide us to the summit, and for more adventurous souls - come along on a Sunday afternoon excursion to the summit of a Blue Ridge Peak! Retreat cost is \$285, and financial assistance may be available. For further information or to register for this retreat, please contact Deacon Mark Maines mark.maines@arlingtondiocese.org.

Please Pray for the Sick of our parish family, including: Anne Marie Pierce, Dr. Ronald Gripshover, Giovanna Faustina Annarella, Jenny Antoun, Lorenzo Betia, Leah Bloom, Maria Bonfanti, Betty and Joe Bonifer, Melanie Brady, Luis Cristian Carranza, Joan Charters, Barry Childers, Renate Craft, Nancy Crowley, Joan Curley, John D'Adamo, Anna Deaver, Felicia DiFeo, Evan Duncan, Bob Farabaugh, Jay Farabaugh, Francis Flaherty, John Forrester, Barbara Gaul, William Geoghegan, Julia Delli Gatti, Patricia Gilcrest, Jaime Guzman, Karina Hanna, Christal Eve Herrera, Judy and Kevin Jackson, Judith Jackson, Mary Kirby, Richard Kuron Sr., Donald Lawson, Antonio Yu An Leng, Patricia Lewis, Viviana Ferrer Lopez, Kathleen MacQueeney, Rita MacQueeney, Palbo Maldonado, Jack Marzan, Martha Mastic, Deborah Miller, Nhung "Kim" Miller, Robert Nguyen, Matthew Peters, Justin Pham, Aubrey Polson, Ginny Rauer, Joanne Robertson, Vin Rosano, Eduardo San Diego, Hannelore Smallfield, Randy Souther, Raymond Stanekenas, Kurt Steinbacher, Donna Sullivan, Zemui Teklu, Jun Tolentino, Anthony Torres, Minh Tran, David Verbano, and Marie Victorino.

Mother of God, we seek your intercession for our sick!!!



Please consider donating your car to the parish to assist Parishioners in need. A tax receipt will be given. Call Deacon Mike for more information.

The MaRiH Center, a crisis pregnancy and pregnancy resource center in Alexandria, is seeking volunteers and donations. We have been providing free, confidential help to women experiencing crisis pregnancies as well as material, practical support to young families since 1974. Check out our website at www.marih.org to learn more, access our Amazon wishlist, or make a donation. Contact us at marihcenter@gmail.com or (703) 370-4774. Come take a tour and chat. Thank you for your love and prayers.

Donations such as those listed below can be left in the cradle near the entrance of the Narthex. Our volunteers make weekly pick ups and deliver the donated items to MaRiH Center:

- Baby clothes up to size 2T Note: **No Clothing is needed at this time.**
- Baby equipment; e.g., **MOST NEEDED are** non-expired car seats and strollers that collapse easily.
- Maternity and nursing clothes
- Formula, baby food, and diapers
- Other items: shoes, bottles, diaper bags, toys, books, stuffed animals, bedding
- Baby wipes -- which are in very short supply. There is also an Amazon baby registry that MaRiH has created.

Thank you for your generosity!

A Jubilee Journey with Mary

Did you know there are 11 churches in the Diocese of Arlington which are named for Our Lady? During this second year of preparation for the Golden Jubilee of the Diocese in 2024, we are all encouraged to focus upon Mary and her role in pointing us to Jesus. To this end, Bishop Burbidge has invited all of us to visit as many of those 11 churches as possible and spend time in prayer at each! Visit www.arlingtondiocese.org/jubileejourney/ for more information about this Jubilee Journey with Mary! We hope that this initiative encourages you to grow in your understanding of Mary and your devotion to her!

PREGNANT or POST-ABORTION -- For those who know an expectant woman in need or individuals impacted by an abortion experience, confidential help and support are available: **Pregnancy Hotline:** 703/841-3810 helpforpregnantwomen.org ; **Help After Abortion** 703/841-2504, 703/841-3833 (men),

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PARISH SACRAMENTAL INFORMATION AND SERVICES

Baptisms - Baptisms are held the 1st and 3rd Sundays at 12:30 pm. Please contact the office at least one month in advance. Parents must be registered members of the parish and first time parents must attend a one session pre-Baptismal class, usually held on the second Saturday of the month at 10:00 a.m. Parents are encouraged to attend this class before the birth of their child; please call to register. The Godparent(s) must provide a Sponsor Certificate from their parish before the Baptism.

Sponsor Certificates - These are Parish testimonies to the fact you are a practicing Catholic in the parish and are issued to those wishing to be a Godparent or sponsor for a Confirmation candidate. You must be registered in the parish and first time Godparents must attend a class before a certificate will be issued.

Sacrament of Matrimony - Contact the office at least 6 months before your desired wedding date. Marriage Preparation is required by Church Law to enable a couple to fully understand the holiness and obligations of the Sacrament. Note that living together before marriage is sinful and harmful to future marriage. Couples who are living together will be asked to live separately during the marriage preparation time.

Religious Education (CCD) - All children not attending a Catholic School who are in the first grade and up should be enrolled in the Parish Religious Education Program. Call the Religious Education Office at (703) 971-8541 for details or email religious@stlawrencealex.org

R.C.I.A. - The Rite of Christian Initiation of Adults is the process by which adults (and children who have reached the age of reason) are instructed in the Doctrine of the Church and are prepared to receive the Sacraments of Baptism, Confirmation, and Holy Eucharist. If you or someone you know would like to inquire about becoming a Catholic, please call the Religious Education Office 703-971-8541 or email religious@stlawrencealex.org

Parish Registration - Prior to receiving particular services from the parish, one must be registered. You may register on the parish website or pick up a registration form at the rectory or in the vestibule of the Church.

Prayers/Visits for Ill or Homebound - If you are ill and would like to be placed on the prayer list or have Holy Communion brought to the home, or if you need to receive the Sacrament of the Anointing of the Sick, please contact the rectory to make arrangements.



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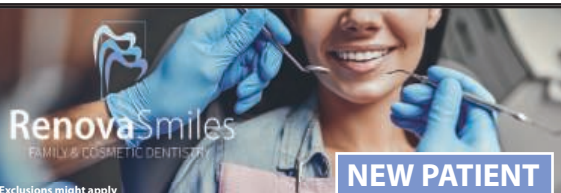
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