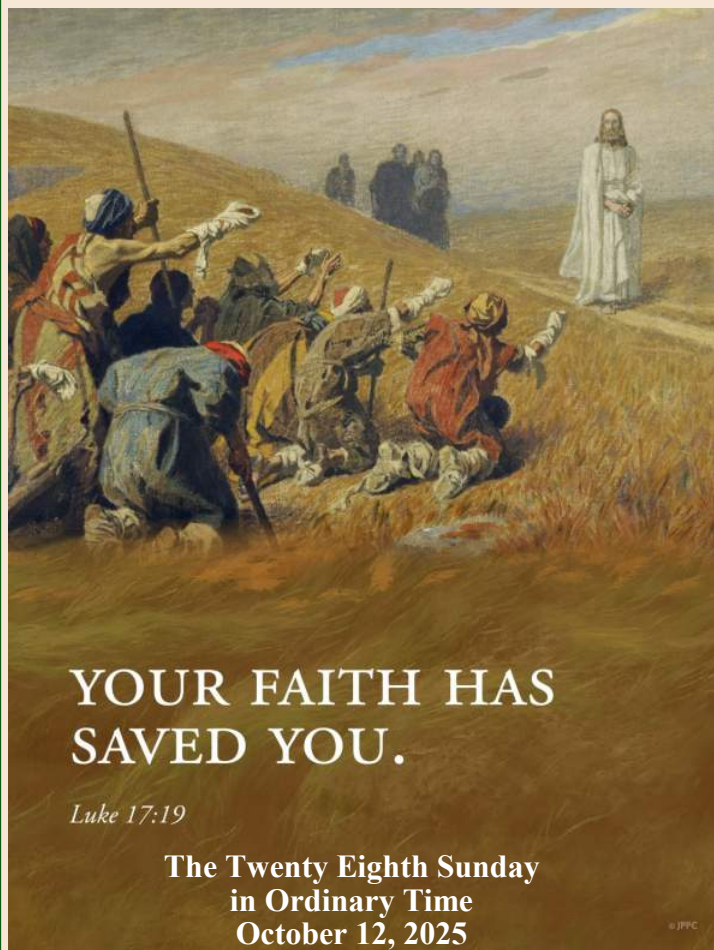


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SACRAMENTAL INFORMATION - SERVICES

Parish Registration - Prior to receiving particular services from the parish, one must be registered. You may register on the parish website or pick up a registration form at the rectory or in the vestibule of the Church.

Prayers/Visits for Ill or Homebound - If you are ill and would like to be placed on the prayer list or have Holy Communion brought to the home, or if you need to receive the Sacrament of the Anointing of the Sick, please contact the rectory to make arrangements.

Baptisms - Baptisms are generally held the 1st and 3rd Sundays at 12:30 pm. Parents must be registered members of the parish and first time parents must attend a one session pre-Baptismal class, offered once a month, usually the second Saturday of the month at 10:00 a.m.

Sponsor Affidavits attest that a parishioner is in good standing and is qualified to act as a Godparent for Baptism or Sponsor for Confirmation. See website for requirements and Parishioner Sponsor form.

Sacrament of Matrimony - Contact the office at least 6 months before your desired wedding date. Marriage Preparation is required by Church Law to enable a couple to fully understand the holiness and obligations of the Sacrament.

Religious Education (CCD) - All children not attending a Catholic School who are in the first grade and up should be enrolled in the Parish Religious Education Program. Please call for details.

O.C.I.A. - The Order of Christian Initiation of Adults is the process by which adults (and children who have reached the age of reason) are instructed in the Doctrine of the Church and are prepared to receive the Sacraments of Baptism, Confirmation, and Holy Eucharist. Contact the Religious Education Office.

Parish Clergy and Staff

Rev. Ronald J. Gripshover, Jr., *Pastor*
office@stlawrencealex.org

Rev. Maurice Mei Akwa, *Parochial Vicar*
fadamau1963@yahoo.com

Msgr. Patrick Dempsey, *Visiting Clergy*

Parish Office: (703) 971-4378

General inquiries: office@stlawrencealex.org
Facilities: facilities@stlawrencealex.org
Finance: manager@stlawrencealex.org

Religious Education and Youth Office: (703) 971-8541

religioused@stlawrencealex.org
youth@stlawrencealex.org

HOLY SACRIFICE OF THE MASS, LITURGICAL ACTIVITIES SCHEDULE

SUNDAY MASSES

Saturday Vigil: 5:00 p.m.

Sunday: 7:30, 9:00 and 11:00 a.m.

WEEKDAY MASSES

M - F: 6:15 and 9:00 a.m. Saturday 9:00 a.m.

CONFESSIONS

Monday 9:30 a.m.

Wednesday 7:00 - 7:45 p.m.

Friday 6:45 a.m.

Saturday 3:30 - 4:30 p.m.

NOVENA to Our Lady Perpetual Help

Monday 7:15 pm

EUCCHARISTIC ADORATION Wed 9:30 - 1 p.m.

HOLY HOUR Wednesday 7:15 - 8:15 p.m.

MASS SCHEDULE & INTENTIONS

Monday, 10/13	Saint Edward the Confessor 6:15 a.m. NO PUBLIC MASS - Holiday 9:00 a.m. John Nassar †
Tuesday, 10/14	Saint Callistus 6:15 a.m. Edward Bosko † 9:00 a.m. Tom & Sharon Turk
Wed., 10/15	Saint Teresa of Jesus 6:15 a.m. Sr. Gaudete Maria 9:00 a.m. Angela & Miguel Batt †
Thursday 10/16	Saint Hedwig 6:15 a.m. Craig DeMarco † 9:00 a.m. Đa Minh Hùng Đỗ †
Friday 10/17	Saint Ignatius of Antioch 6:15 a.m. Christian Lejano † 9:00 a.m. John Nassar †
Saturday 10/18	Saint Luke 9:00 a.m. Pam Manlling †
(Vigil for Sun.)	Joseph E. Potosnak † 5:00 p.m.
Sunday 10/19	29th Sunday in Ordinary Time 7:30 a.m. Lynne Valentic 9:00 a.m. Teague Guy † 11:00 a.m. Missa Pro Populo



One of the major themes of today's Mass is giving thanks to God. At today's 9 AM Mass, the choir will sing *Thanks Be to Thee*. This piece has been attributed to being the work of George Frederick Handel (1685-1759 - composer of the famous oratorio, *Messiah*) since the end of the 19th century but there is no clear evidence that it is actually his music.

Altar servers wanted. No experience required. Graces await. If you are a young man who has received the Sacrament of the Eucharist and are interested in learning to serve at the altar, **please join us for training on October 19 from 1:30 - 2:00 in the Church** followed by Laser Tag and Pizza. Please have your parents contact the parish office at office@stlawrencealex.org or call (703) 971-4378.



Liturgical and Ministry Activity This Week At a Glance

Mon 10/13	Confessions 9:30 a.m. NO CCD Class - Federal Holiday OLPH Novena after 9:00 a.m. Mass
Tues 10/14	OCIA 6:30 - 7:30 p.m. CCD Class H.S. 7:00 - 8:15 p.m. Legion of Mary 7:30 p.m.
Wed 10/15	Fatima Prayer Cell after 9:00 Mass Eucharistic Adoration 9:30 a.m. - 1 p.m. CCD Class (Grades 1-8) 7:00 - 8:15 p.m. Confessions 7:00 - 7:45 p.m. Holy Hour 7:15 - 8:15 p.m.
Thur 10/16	French Language Class 10:30 a.m. - Noon Spanish Language Class 12:30 - 1:30 p.m. Women's Bible Study 6:30 - 8:00 p.m. 11 o'clock Choir Practice 7:00 p.m. Knights of Columbus - 7:00 p.m.
Fri. 10/17	Confessions 6:45 a.m.
Sat. 10/18	That Man is You 7:00 a.m. Rosary Rally Noon Hammond Hall Confession 3:30 - 4:30 p.m.

SAINT LAWRENCE NEEDS YOU!!

Sign Up Today



Our parish relies upon its volunteers in order to smoothly function.

We have an urgent need for volunteers to help St. Lawrence meet parishioners' needs.

After each Mass this weekend (October 11/12), we will have manned sign-up tables in the Narthex for you to check your volunteering interests for these parish ministries: Altar Servers; Lectors; Ushers, Extraordinary Ministers; Collection Counters; Knights of Columbus; and the 11am Choir.

Please pray for these ministries and on how you can volunteer to help your fellow parishioners.



PRAY IN SONG

The 11 am choir practices on Thursdays at 7 p.m. If you enjoy prayer through song, please join us for practices Thursdays at 7pm and for Mass at 11am on the 1st and 3rd Sunday of each month. There are no 'try-

The upgrade from Faith Direct to ParishSOFT Giving has happened! Please look for email from either ParishSoft or ParishSoft Giving (i.e. not SPAM) as that email provides website link and instructions for logging onto ParishSOFT Giving using your same Faith Direct credentials. Also, you will want to bookmark your new giving portal!

SATURDAY PROLIFE ROSARY PRAYER VIGIL

Please join St. Lawrence at the Rosary Prayer Vigil conducted every Saturday morning, 9:05 – 10:15 am, outside the abortion clinic at 2839 Duke Street, Alexandria. St. Lawrence has led this prayer vigil for over 30 years outside one of Virginia's largest abortion providers. For further information, contact the rectory or Bruce Borzino, 703-402-8335.

Thinking of a Priestly Vocation? Spending a weekend at a seminary is a critical part of exploring your vocation. You live, pray, eat and recreate with seminarians and experience first-hand what seminary life is like. Join Vocations Director Father Noah Morey for a weekend at Mount St. Mary's Seminary in Emmitsburg, Maryland. The group departs northern Virginia Friday November 21 at 5:30 p.m. and returns Sunday November 23 in the afternoon. Cost is \$40. Contact the Office of Vocations for more info and to register: vocations@arlingtondioceses.org or call 703-841-2514. The deadline to register for this trip is Monday November 10.

FROM THE COUNCIL OF CATHOLIC WOMEN:

Sat October 18th is the Chili Dinner and Cook Off. We'll have traditional chili, meatless chili, white chicken chili, and many more plus sides. To enter your chili please

contact CCW@stlawrencealex.org no later than Oct 14th. To attend, buy your tickets after Mass Oct. 11 or 12 for only \$5. Limited tickets will be available on the 18th.



Sunday October 19th at 12:30pm is a CCW potluck lunch, meeting, and Blessed Virgin Mary Trivia Game. Plan to enjoy the company of other women in the parish as we test our knowledge about Mary, her many titles, feast days

and images.

Pray Daily for a Future Priest or Sister:

See the parish pamphlet rack for a brochure explaining the Diocese of Arlington's St. Therese Vocation Society Members commit to praying daily for vocations and for individuals in formation as priests and religious. Those who join receive a quarterly calendar in the mail which lists the name of one person to pray for each day. There are no dues or required meetings and prayers can be done at home on your own time. For a prayer calendar or to sign-up on-line go to <https://www.arlingtondiocese.org/vocations/pray/st-therese-society/>

Also, please continue to pray for:
Rev. Mr. Sean Mazary, Matt Chapman, and Sister Gaudete Maria.

PRAY FOR OUR BELOVED DEAD

We pray for those who have gone before us, marked with the sign of faith, most recently we remember:

Giavanna Faustina Annarella, Patricia Terlecki, Barry Childers, Lai Wah Tang, Patricia Mankin, Martha Ann Jones, Roseann Frances Branagan, Olivia Miranda Kliukevic, and Fermin Villar.

We also pray for the souls of the following deceased loved ones on this month's anniversary of their deaths:

Dora Marie Ciardullo (d. October 4, 2018)
Nelson David Rosa (d. October 5, 2024)
Gloria Buckley (d. October 8, 2015)
Bill Pailin (d. Oct. 10, 2017)
Frederick Henderson (d. October 11, 2013)
Benjamin Simpao (d. October 12, 2015)
Frank Santone (d. October 13, 2016)
Laureano Gomez (d. October 19, 2015)
Gloria Norton (d. October 19)

(If you have a memorial of a death you wish remembered in the Parish please contact the office, giving the name and anniversary date.)

Please Pray for the Sick of our parish family,

including: Anne Marie Pierce, Dr. Ronald Gripshover, Colleen Adamson, Curley Anderko, Jenny Antoun, Lorenzo Betia, Leah Bloom, Dave Bocchino, Maria Bonfanti, Betty Bonifer, Melanie Brady, Luis Cristian Carranza, Iris Castro, Joan Charters, Pat Childers, Reese Clasen, Josie Cofer, Renate Craft, Nancy Crowley, Ann Cullen, John D'Adamo, Anna Deaver, Gary DeMarco, Felicia DiFeo, Kevin Donaleski, Evan Duncan, Hilda Elizondo, Barton Fischer, Francis Flaherty, John Forrester, Barbara Gaul, William Geoghegan, Julia Delli Gatti, Patricia Gilcrest, Jaime Guzman, Karina Hanna, Christal Eve Herrera, Elizabeth Horswell, Judy and Kevin Jackson, Judith Jackson, Mary Kirby, Tom Kirby, Jr., Richard Kuron Sr., Donald Lawson, Antonio Yu An Leng, Patricia Lewis, Luisa, Kathleen MacQueeney, Rita MacQueeney, Rose Marie Malatesta, Jack Marzan, Frank McDermott, Martha Mastic, Deborah Miller, Nhung "Kim" Miller, Pamela Moore, Robert Nguyen, Matthew Peters, Justin Pham, Steve Piscitelli, Larry Poh, Lori Polson, Ginny Rauer, Romeo Rigor, Herman & Martha Rollandini, Vin Rosano, Eduardo San Diego, Hannelore Smallfield, Randy Souther, Raymond Stanekenas, Kurt Steinbacher, Donna Sullivan, Lily Tan, Rebekah Tan, Zemui Teklu, Jun Tolentino, Anthony Torres, Minh Tran, Grace Valenciano, David Verbano, Marie Victorino and Fran Visco



**Holy Mary, Mother of God,
we seek your intercession for our sick!!!**



**Pray the Holy Rosary.
"The greatest method of
praying is praying the Rosary."
St. Francis de Sales**



St. Monica Prayer Group

Men and women are invited to attend on the first and third weeks of the month - Wednesday evenings at 6:15pm and/or Friday mornings at 8:00 am. The group meets in the Family Room in the Narthex. For more information contact the parish office



Chesterton Academy of Christ the King will be opening in the Fall of 2026, at St. Lawrence Catholic Church in Alexandria. The more than 70

Chesterton Academies nationwide are known for their strong spiritual formation anchored in daily Mass as well as their rigorous, integrated classical curriculum oriented toward the good, the true, and the beautiful. Chesterton high schools form joyful, faithful, curious, articulate, and resilient young men and women prepared for college and for life. Visit Chesterton-ChristTheKing.org to learn more, [connect with us here](#), or [register to attend an upcoming information session](#)



Koinonia is now accepting new and gently used Fall and Winter clothing



for adults and families with children who need assistance. All clothing sizes are helpful in stocking the Clothing Closet for the cold weather season. Please call 703/971-1991 or visit koinoniacares.org for hours of operation and drop-off location. Clothing should be free of stains and tears, with working zippers and all buttons. Thank you!

Ever wondered what college seminary is like? Join Vocations Director Father Noah Morey and Quo Vadis on November 15, 2025 to experience it firsthand on a visit to St. John Paul II Seminary in Washington, D.C. Meet the college seminarians and their formators, see where they live, pray, eat and study, celebrate Mass together and tour parts of Catholic University where they have classes. Dads are welcome but not required. Cost is \$15 per person; deadline to register is November 3. Space is limited! Visit www.ArlingtonDiocese.org/QuoVadis, or contact the Office of Vocations, vocations@arlingtondiocese.org or 703-841-2514. Quo Vadis events are for high school boys interested in growing in their spiritual life and exploring their vocations.

Retreat for Veterans at Loyola Retreat House, October 24-26, 2025

US Army veteran Fr Jim Conroy, SJ will lead Veterans in Prayer and Reflection about their experiences serving in the military. Retreat Fee is \$175. Contact Loyola Retreat House, 301-392-0801, or loyolaonthepotomac.com for info.



Please participate in our next Share Sunday, Oct 18-19! **Every donation helps our parish and Koinonia meet the needs of our neighbors seeking assistance.** Items may be brought when you come for Mass.

Fresh Fruit & Veggies	Mayo, Mustard, Ketchup
Flour, Sugar, Masa	Coffee, Tea, Hot Chocolate
Cereal, Cooking Oil, Jelly	Instant Potatoes, Gravy
Pancake Mix & Syrup	Pasta Sauce
Flavored Rice or Pasta	Canned Fruit, Canned Pasta
Canned Soup, Dry Soup	Dish Soap
Canned Chili, Beef Stew	All-Purpose Cleaners
Laundry Detergent	Shampoo and Conditioners
Deodorant, Razors and Shaving Cream	Bar Soap, TP and Paper Towels
Toothbrushes (1-2 pack)	Feminine Products Women's "Depends" (l)
Grocery Gift Cards	THANK YOU FOR YOUR SUPPORT

ST. LAWRENCE ROSARY MAKERS

meets monthly on the first Tuesday of the month at 10 o'clock in Hammond Hall



CONVERSATION CLASSES - THURS.

French class: from 10:30 – 12 Noon

Spanish class: from 12:30 – 1:3

Join us to have fun learning, laughing and keeping our minds sharp! All are welcome!



WOMEN'S BIBLE STUDY meets every Thursday from 6:30 - 8:00 p.m. Join us for *Touching the Divine* bible study as we draw into a deeper relationship with Jesus.



THAT MAN IS YOU! a Catholic Man's Leadership Program meets every Saturday morning starting at 7 o'clock.



OPEN HOUSE

Sunday, November 2 from 1-4 p.m. Bring the whole family! Learn more about our rigorous college-preparatory curriculum, competitive athletics, inspiring visual and performing arts, and abundant extracurricular opportunities! Meet students, teachers and coaches and learn what makes JP GREAT!! 17700 Dominican Drive, Potomac Shores, VA, jpthegreat.org 703-445-0246

Pope Leo's Prayer Intention for October
For collaboration between different religious traditions
Let us pray that believers in different religious traditions might work together to defend and promote peace, justice, and human fraternity.

Saint Lawrence Parish
Annual Report to Parishioners
FY2025 Financial Report

Balance Sheet

	2025 (Current)	2024	2023
ASSETS			
Operating Accounts	96,331	84,759	19,681
DIAL Savings	753,269	658,383	727,114
Other Assets	200	200	200
TOTAL ASSETS	\$ 849,800	\$ 743,342	\$ 746,995
LIABILITIES			
Narthex Loan	(301,212)	(436,226)	(722,572)
Deferred Revenue		(100)	(100)
Other Liabilities	(12,147)	(13,513)	(20,965)
TOTAL LIABILITIES	\$ (313,359)	\$ (449,839)	\$ (743,637)
Without donor restrictions			
Unrestricted	488,781	248,645	47,026
With donor restrictions			
Temporarily Restricted	47,659	44,858	49,808
Permanently Restricted		-	-
TOTAL NET ASSETS	\$ 536,441	\$ 293,503	\$ 96,834

Income Statement

	2025 (Current)	2024	2023
REVENUE SOURCES			
Offertory/Tuition Related	845,968	857,383	859,195
Ministry	137,990	136,189	122,573
Other Sources	156,140	121,832	129,612
TOTAL OPERATING INCOME	\$ 1,140,098	\$ 1,115,404	\$ 1,111,380
EXPENDITURES			
Clergy	136,987	130,928	125,841
Staffing	436,020	442,384	439,525
Ministry	117,015	138,982	89,351
Buildings	236,980	216,889	165,307
Admin	159,444	164,111	167,253
TOTAL OPERATING EXPENSE	\$ 1,086,446	\$ 1,093,294	\$ 987,277
NET OPERATING SURPLUS/(DEFICIT)	\$ 53,651	\$ 22,110	\$ 124,103
OTHER INCOME AND EXPENSE			
Narthex Donations	212,559	328,685	298,354
Narthex Expenses	(23,272)	(60,075)	(168,294)



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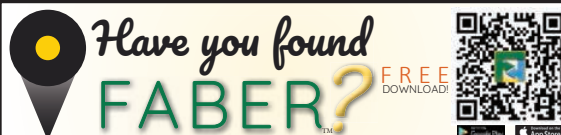
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