

SAINT LAWRENCE CATHOLIC CHURCH

5th Sunday of Lent

March 21, 2021

6222 Franconia Road,
Alexandria, VA 22310
703-971-4378 (office)
www.stlawrencealex.org

And when I am lifted up from the earth,
I will draw everyone to myself.

John 12:32

HOLY SACRIFICE OF THE MASS- SUNDAY

Saturday Vigil: 5:00 pm
Sunday: 7:30, 9:00 and 11:00am and
12:30pm (Extraordinary Form Latin Mass)

HOLY SACRIFICE OF THE MASS- WEEKDAY

M - F: 6:15 and 9:00 a.m. Saturday 9:00 a.m.
CONFESSIONS (In Lent add: Fri 7pm)
M 9:30am; W 6:30 - 8:00pm; F 6:45am; Sat 3:30-4:30 pm

Parish Clergy

Rev. Ronald J. Gripshover, Jr., Pastor
office@stlawrencealex.org

Rev. Daniel S. Spychala, Parochial Vicar
vicar@stlawrencealex.org

Msgr. Patrick Dempsey, Visiting Clergy

Rev. Joseph Okwei Ocran, In Residence

Deacon Michael A. Waters
Permanent Deacon – Office & Finance Manager
703-922-0233 deacon@stlawrencealex.org

Parish Staff

Parish Secretary 703-971-4378	Cynthia Dreslin office@stlawrencealex.org
Director of Religious Ed 703-971-8541	Anne-Marie Pierce religioused@stlawrencealex.org
Youth Minister 703-971-5715	Joseph Stakem youth@stlawrencealex.org
Music Director	Raymond St. Pierre music@stlawrencealex.org

Liturgical and Ministry Activity This Week At a Glance

Mon 3/22	Confessions 9:30am CCD Classes 7:00 - 8:15pm Confirmations (Bishop Burbidge) 7:00 pm
Tue 3/23	Confessions Noon RCIA 6:00 - 7:15 pm High School CCD 7:00pm Legion of Mary 7:30pm
Wed 3/24	Eucharistic Adoration 9:30am-1pm Fatima Prayer Cell after 9:00am Mass Religious Movie in Hammond Hall 11:00am RCIA Classes 6:00 - 7:15 pm CCD Classes 7:00 - 8:15pm Confessions 6:30 - 8pm (during Lent) Exposition Begins 7pm and ends with.. ...Holy Hour 7:15-8:15pm
Thur 3/25	Confessions 4:15pm
Fri 3/26	Confessions 6:45am Take Out KofC Fish Fry 5:30 - 7:00 pm Confessions and Vespers 7:00 pm Stations of the Cross 7:30 pm
Sat 3/27	Confessions 3:30-4:30pm

March 21, 2021 5th Sunday of Lent

MASS INTENTIONS

MON 3/22 - Saint Isidore the Farmer (OFM)

6:15amJosephine Romano †

9:00amCelestine Schamel †

TUE 3/23 - Saint Turibius of Mongrovejo (OFM)

6:15amJudy Smoto †

9:00amMaria Teresa Wildes †

WED 3/24 - Saint Gabriel the Archangel (EFM)

6:15amTom & Sharon Turk

9:00amGeorge & Nora McNamara

THU 3/25 - The Annunciation (OFM/EFM)

6:15am Larry Trollinger †

9:00am Gil Coquia †

FRI 3/26 - Seven Sorrows of the BVM (EFM)

6:15am Hatseinesh Kidane †

9:00am Victor Frondoso †

SAT 3/27 - Saint John Damascene (EFM)

9:00 am Fr. Gripshover

Vigil Mass (Meets Sunday Mass Obligation)

5:00 pm Fr. Spychala

SUN 3/28 - Sixth Sunday of Lent (OFM/EFM)

7:30 amSalvatore De Sapio †

9:00 amAnne-Marie Pierce & Jane Palladino

11:00 amParishioners of St. Lawrence

12:30 pmMonsignor Patrick Dempsey

Please join us for the March **Council of Catholic Women's General Meeting** on **March 21 at 2:00 pm** on the grass outside Hammond Hall. Monsignor Dempsey will speak about Saint Patrick and we will have Mary's Way of the Cross.

Virginia is still restricting inside gatherings to 10 people. Outside gatherings are allowed up to 25 people. Therefore, we will hold this meeting outside.

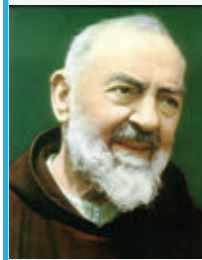
Please dress for outside temperatures. If it rains or is colder than expected, we will notify everyone of the meeting's cancellation.



This Week in Our Parish

All Scheduled Public Masses are still being celebrated--other Parish liturgical activities are also starting. Come to our Monday evening Novena and Exposition on Wednesday (9:30am-1pm) and Holy Hour starting with Exposition at 7pm! The Main Church is open 7 Days a Week until 9pm for private prayer.

(Please wear a mask and wash your hands thoroughly before entering church. Please maintain social distancing. We undertake all these measures, in an abundance of caution, for your safety).



Religious movies will be shown at 11:00 AM every Wednesday during Lent.

On March 24th, we will show **Padre Pio**. Light refreshments will be served. Call Anne-Marie Pierce at 703-971-8541 if you have questions.

FRIDAYS IN LENT



**Knights of Columbus
Fish Fry**

5:30-7pm

Take Out Only

Confessions - Vespers

7:00pm

Stations of the Cross

7:30pm



Help Needed: Our **Baby Cradle Ministry** serves women and couples who've chosen life for their babies and seek assistance with clothing and large equipment donations such as strollers, car seats, high chairs, Help Needed: Our **Baby Cradle Ministry** serves women and couples who've chosen life for their babies and seek assistance with clothing and large equipment donations such as strollers, car seats, high chairs, and pack-n-plays. A volunteer is needed to empty the Narthex donation cradle once a week (minimum) and deliver the items when convenient to MaRih Pregnancy Center on Duke Street. You may store the baby items in your home or garage in between trips to MaRih. To learn more, please contact the Parish Office: 703/971-4378. Thank you!





St Lawrence Catholic Church

HOLY WEEK 2021 Schedule

With COVID-19 Alternatives

Liturgical Event/Prayer Opportunities	Day or Place	Time	Comments
Divine Office/Liturgy of the Hours		Click iBreviary if you would like to participate in the universal prayer that is prayed by Clergy/religious.	
Confessions	Monday Tuesday Wednesday Good Friday Saturday	9:30am & 7pm 12 Noon 6:30 - 8pm 12noon - 2pm 9:30 - 11am & 3 - 4:30pm	
Novena to Our Mother of Perpetual Help	Monday	7:15pm	
Adoration of the Blessed Sacrament	Wednesday	After 9am Mass - 1pm	
Holy Hour/Adoration of the Blessed Sacrament	Wednesday	7pm Adoration 7:15pm Holy Hour	
Stations of the Cross	Good Friday	Noon (See Below)	



HOLY THURSDAY April 1, 2021

Morning Mass	No 6:15 or 9 am Mass (Clergy Attends the Diocesan Chrism Mass)		
Private Prayer	Church-During the Day	6am-7pm	The Blessed Sacrament will be reserved in the church for individual Prayer.
Mass at St Lawrence	Church	7:30-8:45pm	Mass and Transfer of the Holy Eucharist to Hammond Hall after Mass.
COVID ALTERNATIVE: Mass at the Cathedral Online	Livestream	7:30pm	Bishop Burbidge is the celebrant for Holy Mass online or at https://www.arlingtondiocese.org
Prayer before Blessed Sacrament	After Mass	8:45pm-12Midnight	Following the Mass, the Blessed Sacrament will be reserved in HAMMOND HALL until Midnight.



GOOD FRIDAY April 2, 2021

Private Prayer	Church-During the Day	7am-12Noon	The Church will be open until 2:30pm--as is the custom, the tabernacle will be empty.
Stations of the Cross	Church	12 noon	
Reflections on Christ's three hours on the Cross.	Church	12:20-2:45pm	The Venerable Fulton Sheen's reflections on the Last Seven Statements of Christ (<i>Tre Ore</i> - <i>"The Great Agony"</i>)

Service of the Passion of our Lord at St Lawrence	Church	3pm	
COVID ALTERNATIVE: Service at the Cathedral Online	Livestream	3pm	Bishop Burbidge is the celebrant for <u>Good Friday service online</u> or at https://www.arlingtondiocese.org
Veneration of the Cross	Private Veneration	5-9pm	The Church will be open for veneration of the Cross

HOLY SATURDAY April 3, 2021

Private Prayer	Church-During the Day	7am-8pm	The Church will be open until 8pm, but, as is the custom, the tabernacle will still be empty.
Blessing of Easter Food	Outside, near Picnic Area	12noon	Bring your Easter food to be blessed.



EASTER VIGIL

Easter Vigil Mass at St Lawrence	Church	8:30pm
COVID ALTERNATIVE: Mass at Cathedral Online	Livestream	8:30pm Bishop Burbidge is the celebrant for <u>Holy Mass online</u> or at www.arlingtondiocese.org



EASTER SUNDAY April 4, 2021

Easter Mass at St Lawrence	Church	7:30am	
Easter Mass at St Lawrence	Church	9am	COVID ALTERNATIVE: A <u>video of the Mass</u> held at St Lawrence will be uploaded about 11am.
COVID ALTERNATIVE: Mass at the Cathedral	Livestream	9:30am	Bishop Burbidge is the celebrant for <u>Holy Mass online</u> or at https://www.arlingtondiocese.org
Mass at St Lawrence	Church	11am	
Extraordinary Form or "Latin" Easter Mass at St Lawrence	Church	12:30pm	COVID ALTERNATIVE: A <u>video of the Mass</u> will be uploaded for viewing at about 1pm
Private Prayer	Church	1:30pm-9pm	The Church is open for private prayer.



Koinonia: Thanks to the past generosity of donors, Koinonia's food pantry is well-stocked at present. They've asked if we can switch gears this month and collect **new and gently-used Spring and Summer CLOTHING AND SHOES**, especially for children size 4 and up. Donations may be brought to our **Drive-thru Drop-off event, Sat. March 20 from 2-4 pm** in the parish parking lot or to any of the Masses on **Share Sunday weekend, March 20-21.**



Koinonia also expressed a need for **funds to help people meet their rent and utility bills**. A portion of Share Sunday cash donations go to this cause. However interested donors may also mail checks directly to Koinonia, P.O. Box 30878, Alexandria, VA 22310-8878 or pick up an addressed envelope at the Drive-thru Drop-off for future use. Thank you!

Book Rack: This week you will find a selection of small booklet favorites including "Meditation Prayer on Mary Immaculate", "Catechism of Mental Prayer", "Devotion to the Precious Blood", "Uniformity with God's Will", and "Joy in Suffering." Available on the pamphlet rack from Eternal Life Catechetical Materials: "Consecration to Mary" and pamphlets on the Real Presence of Jesus in the Eucharist.



LOOKING FOR GREAT LENTEN RESOURCES TO IMPROVE YOUR LENTEN PRAYER LIFE , PREPARE YOU FOR EASTER and INCREASE YOUR KNOWLEDGE OF THE FAITH??
USE FORMED.ORG

Watch **"THE CASE FOR JESUS"** with Dr. Brant Pitre
Or watch FORMED's Lenten Daily Reflections

TWO EXAMPLES!

Teach Your Children (and Yourself) About Our Faith -
Go to Formed.org and put in "St Lawrence" to enjoy learning about your Faith!!!

No Cost -- We
subscribed for
you!!

While we are still dispensed from physically attending Holy Mass on Sundays and other Holy Days by our Bishop because of COVID--if one feels unable to be in public during these COVID times--and even though nothing can replace being physically present at Holy Mass--the dispensation requires us to set aside time on these days to view Holy Mass virtually, or to perform some other specific devotion (a special Rosary, Reading of the Bible...etc.), to meet our obligation.

Know that 9am Holy Mass for Sundays will be recorded and posted Online each day by 11am, and the 12:30 EFM Mass will be online by 2pm) to assist those who cannot make it physically so they can meet their obligations to honor these Holy Days under the Bishop's dispensation.



Please Pray for the Sick of our parish family, including Jay Farabaugh, Melanie Brady, Justin Pham, Raymond Stanekenas, Rita MacQueeney, Donald Lawson, Minh Tran, Anthony Torres, Leah Bloom, Richard Kuron, Sr., Jack Marzan, Matthew Peters, Patricia Lewis, John Bonfanti, Chris Henderson, Leah, Francis Flaherty, Barbara Gaul, John Forrester, Bud Shatzer, Bon

Le, William

Geoghegan, Donna Sullivan, Kurt Steinbacher, Joan Curley, Renate Craft, Mary Kirby, Zemui Teklu, Allison & Dennis McGlone, Kathleen MacQueeney, Ty Hamilton, Duyen Tran, Randy Souther and Robert Nguyen. **Mother of Christ, we seek your Intercession for our sick!!!**



The Knights of Columbus District 13 will be holding a live/virtual Fraternal Benefits Night on Wednesday, March 24th, at 7 pm at the Mount

Vernon Council (8592 Richmond Hwy, Alexandria, VA). The Abbate Agency will present financial strategies for tax-efficient retirement planning and wealth building/management. To learn more and to register for this event, go to <https://abbatekofc.com/events>

Not sure how to dispose of your **old and worn American flags**? The Knights of Columbus will take care of that for you! Just drop those flags in the box in the Narthex and the Knights will properly dispose of them.

Faith Direct: We encourage the use of Faith Direct for our Parishioners. The option to make your contributions to the parish electronically adds convenience and consistency to your contribution, and saves the cost of mailing envelopes -- so your Church donations goes toward pastoral needs vice administrative costs. In order to show your support, especially as an example to your children and others, Faith Direct provides cards you can place in the baskets passed in Church. Visit faithdirect.net and enroll securely online or call 1-866-507-8757.

Note: Our parish code is **VA325**.

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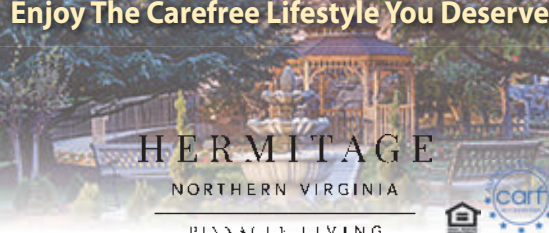
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