

### HOLY SACRIFICE OF THE MASS-SUNDAY

Saturday Vigil: 5:00 pm Sunday: 7:30, 9:00 and 11:00am

### HOLY SACRIFICE OF THE MASS-WEEKDAY

M - F: 6:15 and 9:00 a.m. Saturday 9:00 a.m.

#### **CONFESSIONS**

M 9:30am, W 7-7:45pm; F 6:45am; Sat 3:30-4:30pm

### **Parish Clergy**

Rev. Ronald J. Gripshover, Jr., Pastor office@stlawrencealex.org

Rev. Maurice Mei Akwa, Parochial Vicar fadamau 1963@yahoo.com

**Msgr. Patrick Dempsey,** Visiting Clergy

**Deacon Michael A. Waters** 

Permanent Deacon - Office & Finance Manager 703-971-4378 deacon@stlawrencealex.org

#### **Parish Staff**

**Parish Secretary** 703-971-4378

Dir of Religious Ed 703-971-8541

Youth Ministry

703-971-8541 **Music Director** 

703-971-4378

Sacristan

Cynthia Dreslin

office@stlawrencealex.org

Joseph Stakem

religioused@stlawrencealex.org

James Stakem

youth@stlawrencealex.org

Raymond St. Pierre music@stlawrencealex.org

Tatyana Nguyen

January 14, 2024

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## January 14, 2024 2<sup>nd</sup> Sunday in Ord. Time

#### MASS SCHEDULE & INTENTIONS

**MON 1/15 - Saint Paul, the First Hermit** 

6:15am .....NO 6:15am Mass - Federal Holiday

9:00am ······Jane Palladino †

**TUE 1/16 - Saint Marcellus** 

6:15am ······Judie La Fleur †

9:00am ······Jane Palladino †

WED 1/17 - Saint Antony the Abbot

6:15am ······Stanley VanMilder †

9:00am ······Deacon Michael A. Waters (Ord. Anniv.)

THU 1/18 - Saint Prisca

6:15am ······Emilio Caperal † 9:00am ······Aaron Anzevino †

FRI 1/19 - Saints Marius, Martha, Audifax & Abachum

6:15am ······Judie La Fleur †

9:00am ······Beth Chwiki

SAT 1/20 -Saint Fabian

9:00am ······Jane Palladino †

Sat Vigil (Meets Sunday Obligation)

5:00pm ······Luis Ramos Perez †

**Third Sunday in Ordinary Time** 

7:30am ······Parishioners of Saint Lawrence

9:00am ······ Margaret & Roy Kelly

11:00am ······Joe Bonifer †

Come join the CCW Jan 21 statrting at 2pm in



Hammond Hall for a Pro-Life Baby Shower. We are seeking donations to support Mary's Comfort, a local charity providing shelter, counseling and hope for pregnant women in crisis. See the flyers in the

Narthex for more details.

The 11am choir is looking for additional members. If you enjoy prayer through song, please join us for practice Thursdays at 7pm and for Mass at 11am on the 1st and 3rd

Sunday of each month. There are no 'tryouts' and all are welcome!

#### **Liturgical and Ministry Activity** This Week At a Glance

Mon 1/15 **OLPH Novena** after 9:00 am Mass

Tue 1/16 RCIA Classes 6:30 H.S. CCD 7-8:15pm

**Legion of Mary** 7:30pm

Wed 1/17 Eucharistic Adoration 9:30am - 1:00pm

> Fatima Prayer Cell after 9am Mass CCD Classes Grades 1-8, 7-8:15pm

Confessions 7:00-7:45 pm Holy Hour 7:15 - 8:15

11am Choir Practice 7:00pm Thu 1/18

> Knights of Columbus 7:00pm Women's Bible Study 7:00pm

Fri 1/19 Confessions 6:45am

Sat 1/20 Confessions 3:30-4:30pm

Please join Saint Lawrence in participating in the 2024 March for Life in Washington, DC, on



Friday, 19 January. A special prolife Mass will be celebrated at Saint Lawrence at 10:30 am prior to departure. Bus transportation from Saint Lawrence will depart after the Mass at 11:00 am and return at

approximately 4:15 pm. Please sign the bus reservation rosters on the tables in the Narthex if you plan to use the bus transportation. The Council of Catholic Women will provide a light soup and sandwich supper for the marchers upon their return. Call the Rectory at 703-971-4378 for additional details.



## Pray the Holy Rosary

### **Epiphany Water**

For those of you who were unable to attend the ceremonial blessing, extra Epiphany Water and chalk will be available at the



Rectory Office for blessing of your home.

Open House, Queen of Apostle School 4309 Sano Street, Alexandria, VA, Sunday, January 28th from 12-2pm. Tours are available in English and Spanish. For more infor, call 703-354-0714 or email grios@queenofapostlesschool.org

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#### PARISH SACRAMENTAL INFORMATION AND SERVICES

**Baptisms** - Baptisms are held the 1st and 3rd Sundays at 12:30 pm. Please contact the office at least one month in advance. Parents must be registered members of the parish and first time parents must attend a one session pre-Baptismal class, usually held on the second Saturday of the month at 10:00 a.m. Parents are encouraged to attend this class before the birth of their child; please call to register. The Godparent(s) must provide a Sponsor Certificate from their parish before the Baptism.

**Sponsor Certificates** - These are Parish testimonies to the fact you are a practicing Catholic in the parish and are issued to those wishing to be a Godparent or sponsor for a Confirmation candidate. You must be registered in the parish and first time Godparents must attend a class before a certificate will be issued. **Sacrament of Matrimony** - Contact the office at least 6 months before your desired wedding date. Marriage Preparation is required by Church Law to enable a couple to fully understand the holiness and obligations of the Sacrament. Note that living together before marriage is sinful and harmful to future marriage. Couples who are living together will be asked to live separately during the marriage preparation time.

Religious Education (CCD) - All children not attending a Catholic School who are in the first grade and up should be enrolled in the Parish Religious Education Program. Call the Religious Education Office at (703) 971-8541 for details or email religioused@stlawrencealex.org

**R.C.I.A.** - The Rite of Christian Initiation of Adults is the process by which adults (and children who have reached the age of reason) are instructed in the Doctrine of the Church and are prepared to receive the Sacraments of Baptism, Confirmation, and Holy Eucharist. If you or someone you know would like to inquire about becoming a Catholic, please call the Religious Education Office 703-971-8541 or email religioused@stlawrencealex.org

**Parish Registration** - Prior to receiving particular services from the parish, one must be registered. You may register on the parish website or pick up a registration form at the rectory or in the vestibule of the Church.

**Prayers/Visits for Ill or Homebound** - If you are ill and would like to be placed on the prayer list or have Holy Communion brought to the home, or if you need to receive the Sacrament of the Anointing of the Sick, please contact the rectory to make arrangements.

#### **Vocational Discernment Retreat for Men**

Could Christ be calling you to the priesthood? Take a step to find out. Attend the weekend discernment retreat for men (ages 18-50), Friday-Sunday, February 16-18, 2024. This is a great opportunity for prayer and discernment, confession, and talking with priests and seminarians. Cost is \$150 and includes overnights and all meals. Retreat starts Friday at 6:30 p.m. and concludes Sunday after lunch. For more information or to register, contact Fr. Michael Isenberg at 703-841-2514 or vocations@arlingtondiocese.org. Deadline to register is Monday February 5. There is a similar retreat for women June 14-16.

Mornings of Mercy - Join other members of the Diocese who have gone through divorce in a series of morning retreats. The morning will include Holy Mass, talk, and Benediction. Mornings of Mercy retreats are led by Rev. Thomas P. Ferguson, Pastor, Good Shepherd Catholic Church. The retreats are free. The next retreat is Saturday, February 3 at 9 a.m. at St. Luke Catholic Church in McLean. Please register at arlingtondiocese.org/morningsofmercy

**Lights-Camera-Action -- FIAT Day with the**#MediaNuns - Calling high school girls to join the
Daughters of St. Paul for an afternoon of media
reflection, fun, and prayer. Sunday, February 25, 1-5 p.m.
at Pauline Books & Media in Alexandria. Space is limited,
visit <a href="www.ArlingtonDiocese.org/FIAT">www.ArlingtonDiocese.org/FIAT</a> or contact the Office
of Vocations, vocations@arlingtondiocese.org or 703-841
-2514. Deadline to register (but don't wait!): February 19.
FIAT events are for high school girls interested in growing
spiritually and exploring their vocation.

Day of Prayer and Healing - After Abortion Retreats: A Day of Prayer and Healing for women who have experienced abortion will be held on Saturday, February 10, 2024. These group healing events are held in a private and peaceful setting, in English and in Spanish, based on the Entering Canaan model (2 separate retreats, in 1 location). There will be an opportunity to hear from a past participant and others who have found healing. You are not alone. Take the first step. For confidential inquiries, please contact Project Rachel Ministry: (703) 841-2504

## THIS PARISH IS SUBSCRIBED TO FORMED.ORG

FORMED brings beautiful and faithful Catholic content to parishes, families, and individuals. There is something for everyone here: award-winning studies and parish programs, inspiring audio content, movies, e-books, and family-friendly kid's programming.

# This is PROVIDED FREE TO OUR PARISHIONERS!

Go to Formed.org and put in "St Lawrence" to enjoy learning about your Faith!!!

Come Pray for Vocations - All are invited to join the St. Thérèse Vocation Society for their annual Morning of Reflection on Saturday February 10, 2024, from 8:30 a.m. - 12 p.m. at Blessed Sacrament Catholic Church in Alexandria. The day will include continental breakfast, spiritual conference, Mass and Holy Hour. Fr. Peter St. George is our speaker. There is no cost but please RSVP with the Office of Vocations by February 5, 2024, at (703) 841-2514 or vocations@arlingtondiocese.org. The St. Thérèse Vocation Society was formed to pray for and encourage vocations to the priesthood and consecrated life.



**800th Anniversary of Nativity Scene. Plenary Indulgence.** If you plan on visiting a church Nativity scene, you can receive the plenary

indulgence from December 8th (the Solemnity of the Immaculate Conception) through February 2, (the Feast of the Presentation). The Vatican approved that the faithful can obtain a plenary indulgence by praying before a Nativity scene at a church entrusted to the care of the Franciscans. In the Arlington Diocese, you may visit St. Francis of Assisi in Triangle or St. Joseph in Herndon which are both staffed by Franciscans. Another option nearby is the Franciscan Monastery in Washington, D. C. The usual conditions (going to confession and receiving Holy Communion) also apply.

PRAY FOR OUR BELOVED DEAD We pray for those who have gone before us, marked with the sign of faith, most recently we remember: Wilfredo Picardo, Rowene Valdellon' Raymond W. Jackson, Sr., Anna Carmichael, Leticia Tan Servilla, Myrna Gaerlan, Robert Beauregard, Robert Farabaugh, and Linda Lee Reeves.

We also pray for the souls of the following deceased loved ones on the anniversary month of their deaths:

#### January:

Cindy Kuron (d. January 3, 2020) John Lent (d. January 7, 2011) Chu Pham (d. January 13 2022) John Wayne Melvin (d. January 16, 2022) Charles Cotte (d. January 17, 2021) Javier Lopez (d. January 17, 2005) Mui Pham (d. January 19, 2005) Wilson "Bud" Shatzer (d. January 21, 2022)

(If you have a memorial of a death you wish remembered in the Parish please contact the office, giving the name and anniversary date.)

Please Pray for the Sick of our parish family, including: Anne Marie Pierce, Dr. Ronald Gripshover, Giovanna Faustina Annarella, Jenny Antoun, Lorenzo Betia, Leah Bloom, Maria Bonfanti, Betty and Joe Bonifer, Melanie Brady, Luis Cristian Carranza, Joan Charters, Pat Childers, Barry Childers, Renate Craft, Nancy Crowley, Joan Curley, John D'Adamo, Anna Deaver, Felicia DiFeo, Kevin Donaleski, Evan Duncan, Jay Farabaugh, Francis Flaherty, John Forrester, Barbara Gaul, William Geoghegan, Julia Delli Gatti, Patricia Gilcrest, Jaime Guzman, Karina Hanna, Christal Eve Herrera, Judy and Kevin Jackson, Judith Jackson, Mary Kirby, Tom Kirby, Jr., Richard Kuron Sr., Donald Lawson, Antonio Yu An Leng, Patricia Lewis, Viviana Ferrer Lopez, Kathleen MacQueeney, Rita MacQueeney, Palbo Maldonado, Jack Marzan, Martha Mastic, Deborah Miller, Nhung "Kim" Miller, Robert Nguyen, Doris O'Hare, Matthew Peters, Justin Pham, Aubrey Polson, Ginny Rauer, Joanne Robertson, Vin Rosano, Eduardo San Diego, Hannelore Smallfield, Randy Souther, Raymond Stanekenas, Kurt Steinbacher, Donna Sullivan, Henry Taylor, Zemui Teklu, Jun Tolentino, Anthony Torres, Minh Tran, David Verbano, and Marie Victorino.

Mother of God, we seek your intercession for our sick!!!



Please consider donating your car to the parish to assist Parishioners in need. A tax receipt will be given. Call Deacon Mike for more information.





Our next Share Sunday weekend is Jan. 20-21. We'd like especially to help Koinonia with food and toiletry items as pantry donations tend to go down after Thanksgiving and Christmas. Current needs are: Fresh fruits and vegetables, mayo,

ketchup, mustard, salad dressing, syrup, jelly, canned salmon and sardines, TP, paper towels, tissues, laundry soap, dish & dishwasher detergent, razors & shaving cream, toothpaste, and bar soap. Thank you for your support.

## SENIOR PARISHIONER "GET TOGETHERS"

The Seniors meet biweekly at 10:15 a.m. in the parish hall. Our biweekly "get togethers" will include fellowship, as well as discussions about relevant issues facing the elderly. Our next meeting will be held January 25<sup>th</sup> All are welcome! We look forward to seeing you there. For questions, please contact Anne McCray at springfield.ed@sunriseseniorliving.com.

Save the dates for the Annual Arlington Diocesan Conferences: held at St. Joseph Catholic Church in Herndon, VA. Men's Conference Renewed in Christ: Reflecting His Light to the World (Saturday, March 2) and Women's Conference Behold, I Make All Things New (Saturday, March 9). Price is \$65 before Feb. 1; \$80 after. For more information or to register go to: arlingtondiocese.org/women

Volunteer Information Sessions Sign-Up Catholic Charities: Please join us to learn more about how to help newly-arrived families thrive in Northern Virginia. We are offering volunteer information sessions about our opportunities and on-boarding process starting in January. They will be held the first Wednesday of the month at 5:30 p.m. in virtual format (Zoom) - Sessions will last about an hour. Registration is required: Please use the link to register for the information session that best matches your schedule. Registration link: bit.ly/40pcwwH

#### Altar servers wanted

No experience required. Graces await. If you are a young man who has received the Sacrament of the



Eucharist and are interested in learning to serve at the altar, please have your parents contact the parish office at <a href="mailto:office@stlawrencealex.org">office@stlawrencealex.org</a> or call (703) 971-4378 to RSVP."

## MEN-REINVIGORATE YOUR

FAITH TMIY IS LOOKING FOR GOOD MEN WHO ARE TRYING TO BE GOOD CATHOLICS IN A COMPLEX WORLD EVERY Saturday Morning-7am

### Meetings Every Saturday!!!

A Program Designed to help Men Seeking SPIRITUAL PEACE

That Man is You! Call the office for info.

Quo Vadis Seminary Visit for High School Boys
Ever wondered what college seminary is like? Join Fr.
Isenberg and Quo Vadis on January 27, 2024, to
experience it firsthand on a visit to St. John Paul II
Seminary in Washington, D.C. Meet the seminarians and
their formators, see where they live, pray, eat and study,
celebrate Mass together and tour parts of Catholic
University where they have classes. Dads are welcome
but not required. Deadline to submit registration form is
January 18. Visit <a href="www.ArlingtonDiocese.org/QuoVadis">www.ArlingtonDiocese.org/QuoVadis</a> or
contact <a href="www.Arlingtondiocese.org">vocations@arlingtondiocese.org</a> or 703-8412514 (Office of Vocations). Quo Vadis events are for high
school boys interested in growing in their spiritual life and
exploring their vocations.



## PRIME TIME SINGLE CATHOLICS (PTSC)

We are a social group, mostly age 60 and over. (35 to 59? Ask about our free associate membership group). Meet us for: square dancing (Jan 16, 23, 30);

Thursday lunches (Jan 25); visit to Marine Corps Museum (Jan 14); "Murder on the Orient Express" play (Jan 21); serving evening meal at Christ House (Jan 27); dinner (Jan 28). For details, visit our website: <a href="mailto:bit.ly/ptsc">bit.ly/ptsc</a>. With questions or to RSVP, email Tom at <a href="mailto:ptscnva@gmail.com">ptscnva@gmail.com</a>.

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