Parish Clergy
Rev. Ronald J. Gripshover, Jr., Pastor
office@stlawrencealex.org
Rev. Daniel S. Spychala, Parochial Vicar
vicar@stlawrencealex.org
Msgr. Patrick Dempsey, Visiting Clergy
Rev. Joseph Okwei Ocran, In Residence
Deacon Michael A. Waters
Permanent Deacon – Office & Finance Manager
703-922-0233 deacon@stlawrencealex.org

Parish Staff
Parish Secretary Cynthia Dreslin
703-971-4378 office@stlawrencealex.org
Director of Religious Ed Anne-Marie Pierce
703-971-8541 religioused@stlawrencealex.org
Youth Minister Joseph Stakem
703-971-5715 youth@stlawrencealex.org
Music Director Raymond St. Pierre
music@stlawrencealex.org

The 5th Sunday in Ordinary Time
HOLY SACRIFICE OF THE MASS-SUNDAY
Saturday Vigil: 5:00 pm
Sunday: 7:30, 9:00 and 11:00am and
12:30pm (Extraordinary Form Latin Mass)
HOLY SACRIFICE OF THE MASS-WEEKDAY
M - F: 6:15 and 9:00 a.m.  Saturday 9:00 a.m.
CONFESSIONS
M 9:30am; W 7:00 - 7:45pm; F 6:45am; Sat 3:30-4:30 pm

Prayer to St. Joseph for the Narthex Update-Expansion Project
O glorious St. Joseph, you were chosen by God to be the foster father of Jesus; the most pure spouse of Mary ever Virgin; and the head of the Holy Family, and you have been chosen by Christ’s Vicar as the heavenly patron and protector of the Church founded by Christ. Therefore, it is with great confidence that we implore your powerful assistance for our narthex update-expansion project. By your great intercession for us, St. Joseph, help us to build up Christ’s Church by guiding this project to its completion. O St. Joseph, whose protection is so great, so strong, so prompt before the throne of God, we place this our intention for our parish in your hands.
St. Joseph, Protector of the Holy Church… Pray for us!
St. Lawrence… Pray for us!

Week 29: Interior work rapidly advances in the New Narthex. This is a view of the greater gathering area (with the new cry room door and window almost at center). Bathroom tiling is being completed and toilet fixtures will go in next week. Pray to St Joseph (see below) for the protection of our workers.
February 9, 2020
Fifth Sunday in Ordinary Time

MASS SCHEDULE AND INTENTIONS

(OFM = Ordinary Form Mass [New])
(EFM - Extraordinary Form Mass [Traditional])

MONDAY, 2/10 - Saint Scholastica (OFM/EFM)
6:15 am Rachel Clasen
9:00 am Fr. Ben Opara

TUESDAY, 2/11 - Our Lady of Lourdes (OFM/EFM)
6:15 am Trip Kaufman †
9:00 am Mike Turk

WEDNESDAY, 2/12 - Saint Eulalia (Historic)
6:15 am All Souls †
9:00 am Robert Chalk

THURSDAY, 2/13 - Saint Catherine de Ricci (Historic)
6:15 am Socorro Seballos
9:00 am Cam Nguyen

FRIDAY, 2/14 - Saint Valentine (EFM)
6:15 am Hazel Ruiz †
9:00 am Orphaned Souls †

SATURDAY, 2/15 - Saints Faustina & Jovita (EFM)
9:00 am Ana Xuan †
5:00 pm Mary & Tony Shinsky † (Vigil Mass)

SUNDAY, 2/16 - Sixth Sunday in Ordinary Time
7:30 am Annie Stanley
9:00 am Bud & Mary Ann Shatzer
11:00 am Parishioners of St. Lawrence
12:30 pm Dinh Family (Living/Deceased) (EFM)

This Week in Our Parish

Sun. Youth Choir Rehearsal - 12:00 pm
(except 2nd Sunday of the month)

Mon. Confessions 9:30 am in Hammond Hall
Religious Education Classes 7:00 - 8:15 pm
Novena to OLPH 7:15 pm

Tues. High School Religious Ed Classes 7-8:15 pm
R.C.I.A. Classes 7-8:15 pm
Legion of Mary 7:30 pm

Wed. Eucharistic Adoration 9:30 am - 7:15 pm
Fatima Prayer Cell after 9:00 am Mass
Divine Mercy Chaplet - 3:00 pm
Religious Education Classes 7:00 - 8:15 pm
Confessions 7:00 - 7:45 pm
Holy Hour 7:15 - 8:15 pm

Thurs 11:00 am Choir Rehearsal - 7:30 pm
Knights of Columbus ( Marian Council) 7:30 pm

Friday Prayer Shawl Ministry 10 am
Confessions 6:45 am
Vespers 7:00 pm (1st and 3rd Fridays)

Sat. Pro-Life Rosary - 9-10 am (2839 Duke St.
Alexandria, Virginia)
Confessions - 3:30 - 4:30 pm

Would you like to support Project Rachel in helping women who suffer from an abortion? Project Rachel offers retreats for women in need of healing and hope. Attendees receive gift bags with: New "keepsake" rosaries or rosary bracelets, prayer journals (lined, with feminine or religious covers), pretty pens, tissues (individual packs, full-size boxes), and candy (mints, hard candies). Donations of any of these items may be left at the Rectory or in the gray donation bin in Hammond Hall in a bag clearly marked “For Project Rachel.” The next retreat is March 21st. Thank you!

The Shroud of Turin - One of the World’s Greatest Mysteries

Come hear Bill Wingard, the speaker for SHROUD TALKS, an organization dedicated to presenting the history, science and the passion of Jesus Christ -- as seen in the Shroud of Turin. Presentation will be held Sunday, March 22, 2020 at 2:30 pm in Hammond Hall. Please contact Anne-Marie Pierce in the Religious Education office at 703-971-8541 for additional information or to register to attend this exceptional event.

Please Pray for the Sick of our parish family, including Jay Farabaugh, Melanie Brady, Justin Pham, Raymond Stanekenas, Rita MacQueeney, Donald Lawson, Alice O’Connor, Minh Tran, Anthony Torres, Leah Bloom, Richard Kuron, Sr., Jack Marzan, Matthew Peters, Patricia Lewis, Christian Escoto, John Bonfanti, Chris Henderson, Baby Leah, Barbara Gaul, John Forrester, Bud Shatzer, Bon Le and William Geoghegan.

Pray the Holy Rosary
February 9, 2020

0706
Thank you all for your generosity—and for your continued generosity as we go forward.

PLEASE PLEDGE TODAY!!

Electronic giving for the Project can be made via Faith Direct. See: www.faithdirect.net

Goal $1.2 Mil
$1 million
$750,000
$500,000
$250,000

Fire alarm updates that are required now under County Code are almost complete and windows are going up on the perimeter of the new Narthex.

All liturgical activity will continue to take place in the main Church—with use of the temporary chapel in Hammond Hall on reserve if construction activity requires that action. Look for notifications of any change in venue.

Continue to pray the St. Joseph prayer on the cover for the success of the project and for the protection of our workers!

CONSTRUCTION UPDATE

SACRAMENTAL INFORMATION AND SERVICES

Baptisms - Baptisms are held the 1st and 3rd Sundays at 1:45 pm. Please contact the office at least one month in advance. Parents must be registered members of the parish and first time parents must attend a one session pre-Baptismal class, usually held on the second Saturday of the month at 10:00 a.m. Parents are encouraged to attend this class before the birth of their child; please call to register. The Godparent(s) must provide a Sponsor Certificate from their parish before the Baptism. Baptisms in the Extraordinary Form may be requested by calling the parish office.

Sponsor Certificates - These are Parish testimonies to the fact you are a practicing Catholic in the parish and are issued to those wishing to be a Godparent or sponsor for a Confirmation candidate. You must be registered in the parish and first time Godparents must attend a class before a certificate will be issued.

Sacrament of Matrimony - Contact the office at least 6 months before your desired wedding date. Marriage Preparation is required by Church Law to enable a couple to fully understand the holiness and obligations of the Sacrament. Note that living together before marriage is sinful and harmful to future marriage. Couples who are living together will be asked to live separately during the marriage preparation time.

Religious Education (CCD) - All children not attending a Catholic School who are in the first grade and up should be enrolled in the Parish Religious Education Program. Call the Religious Education Office at (703) 971-8541 for details or email religioused@stlawrencealex.org

R.C.I.A. - The Rite of Christian Initiation of Adults is the process by which adults (and children who have reached the age of reason) are instructed in the Doctrine of the Church and are prepared to receive the Sacraments of Baptism, Confirmation, and Holy Eucharist. If you or someone you know would like to inquire about becoming a Catholic, please call the Religious Education Office, Anne-Marie Pierce, 703-971-8541 or email religioused@stlawrencealex.org

Parish Registration - Prior to receiving particular services from the parish, one must be registered. You may register on the parish website or pick up a registration form at the rectory or in the vestibule of the Church.

Prayers/visits for Ill or Homebound - If you are ill and would like to be placed on the prayer list or have Holy Communion brought to the home, please contact the rectory to make arrangements.
Share Sunday: Share Sunday is Feb. 15-16. Koinonia’s greatest need is for pasta sauce, coffee, and laundry detergent. Also requested for the food pantry are: Jelly/jam, pancake syrup, sardines, flour, sugar, ketchup, mayo, salad dressing, all-purpose cleaner, shampoo and conditioner, toothpaste, shaving cream and razors, tissues, paper towels, toilet paper, baby diapers (size 6), and bath soap. Thank you for your support!

The CCW scholarship application is now available for the 2020 school year. This application is for a $1000.00 scholarship for a girl who will graduate from high school in 2020 and plans to attend a 2 year or 4 year college or a trade school. Applicants must be completed and sent to Donna Piscitelli at ccw@stlawrencealex.org by March 2nd, 2020.

ST. LAWRENCE PARISH RETREAT - Men’s Weekend: MARCH 20th – 22nd, 2020
Women’s Weekend: MARCH 13th – 15th, 2020

Need to get away from the constant “busyness” of today’s world? Renew your spirit with a retreat. The men of St. Lawrence Parish go on retreat each year during Lent at the LOYOLA RETREAT HOUSE in Southern Maryland. This silent retreat is based on the Spiritual Exercises of St. Ignatius Loyola. It begins Friday evening with the Sacrament of Penance and dinner, and closes with Mass and lunch on Sunday.

The retreat theme for this year is: “Lord, Teach Us to Pray”. Each retreatant is free to structure the weekend to suit your own personal needs.

To make a reservation, call Loyola at 301-392-0801. A deposit of $115 will reserve a private room with a half bath for you. The suggested offering for the weekend is $245 or $195 for first time retreatants and for young adults under age 30. Find more information at loyolaonthepotomac.com or reserve a room at reservations@loyolaretreat.org

For more info on the weekend experience, contact Mark Krause (703-971-7146) or Chuck Wipperfurth (571-385-9699). Take some time during Lent to “Come Away and Rest Awhile” and spend some prime time with God.

Please join the Alexandria-Springfield Chapter of the Catholic Business Network (www.CBNNoVa.org) on Tuesday, February 11th at 5:30 p.m. at Michael’s Little Italy (formerly La Trattoria), 2nd Floor, 305 S. Washington St, Alexandria, Va. 22314 for networking, food, friendship and our guest speaker, Karen Beck who will provide tips on how to “Reach Your 2020 Goals.” Please RSVP at www.CBNNoVa.org in the “Upcoming Events” column and contact Paula Potoczak at PMPLaw@Earthlink.net or Madeline Caporiccio at MCaporiccio@McEnearney.com with any questions. Pre-registration is preferred.

Weekend Discernment Retreat for Men - Could Christ be calling you to the priesthood? Take a step to find out. Attend the weekend discernment retreat for men (ages 18-55) February 29-March 1, 2020. This is a great opportunity for prayer and discernment, confession, and talking with priests and seminarians. Cost is $60 and includes overnights and all meals (financial assistance is available if needed).

Retreat starts Friday at 6:30 p.m. and concludes Sunday after lunch. For more information or to register, contact Fr. Michael Isenberg at 703-841-2514 or vocations@arlingtondiocese.org. Deadline to register is Friday February 14. There is a similar retreat for women June 26-28.

“Let your light shine before others” perhaps as a priest, deacon, sister or brother. Call Father Michael Isenberg (703) 841-2514, or write: Diocese of Arlington Office of Vocations - michael.isenberg@arlingtondiocese.org.

Arlington Diocese Annual Women and Men’s Conferences Coming Soon! - Men’s Conference Saturday, March 7th; Women’s Conference Saturday, March 14th. Both will be held at St. Joseph’s in Herndon from 9 am - 2 pm. To register or for more information go to arlingtondiocese.org/ women

Interested in Homeschooling? St. Raymond Homeschool Information Workshop will take place on Saturday, February 15th, 2020 from 9:00 AM to 12:00 PM in the St. Raymond of Peñafort Parish Hall, 8750 Pohick Road, Springfield. If you have ever considered homeschooling or are a veteran homeschooler, come meet other Catholic homeschooling families and learn about homeschooling life. Topics include: Getting started in homeschooling, Homeschooling through high school, Homeschooling multiple ages, Spirituality in the homeschool, and Home management. Questions? Email: straymondhsq@gmail.com

Book Rack News: Magnificats for Feb. and March and Lent are now available on the book rack in Hammond Hall and also in the Parish Office for your convenience during the church renovations.

Separated? Divorced? Widowed???
The Rebuilding Program, sponsored by the Diocese of Arlington Office of Marriage, Family, and Respect Life, helps people of all faiths who are separated, divorced, or widowed and want to move on with their lives. The nine week program starts Sunday, February 23rd and meets Sunday evenings 5:30 - 8:00 PM at the St. Martin De Porres Senior Center in Alexandria. Topics include adaptation, grief, anger, self-worth, openness, love, and relatedness. For more information email facilitator@copingrebuilding.com, or visit us on the web at http://www.copingrebuilding.com.
Your Sacrificial Gift Will Help Create a Safe/Reverent Home!
-You can make a pledge and pay over a period you specify –
   (Either electronically or "in pew").
   NOTE: If you have already made your
donation or paid off your pledge, you can also make donations at any time
and we will update your pledged/donated amount!!!

(Contact Deacon Mike for more info.)

Narthex Pledge Cards/Envelopes in Your Pew

ATTENTION ALL HIGH SCHOOL STUDENTS AND PARENTS:
High School Youth Religious Education class is held every Tuesday at Hammond Hall from 7 - 8:15 pm. We are studying our Faith using the Catholic Catechism and watching ECHO with Bishop Donald Hying and watching Youth Disciple, a 4-part series on Discipleship for Teens on FORMED.ORG (you can watch at home for free).

Parents: Any questions or to sign up, please contact: Joseph Stakem, Youth Ministry Office, at 703-971-5715 or email youth@stlawrencealex.org

HELP OUR NARTHEX FUNDRAISING EFFORTS AND LOVINGLY MEMORIALIZE YOUR RELATIVE(S), OTHERS OR GROUP(S).

- Huge Apostle Memorial Stones Available for Memorials
- Huge Stained Glass Windows Available for Memorials

We know these memorials are expensive, but they will stand for decades if not hundreds of years, and are the most significant memorials we have seen in our parish history. Consider:

1. You could partially fund a memorial with another family;
2. You can have your group fund a memorial;
3. Your current pledge will be credited toward the cost of a memorial.

Talk to Deacon Mike (or e-mail at deacon@stlawrencealex.org) For Details